

# ❖ KCCNY Newsletter ❖

The Newsletter of the Kayak and Canoe Club of New York

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Volume XXXVII Issue 2

May 1997

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## 1997 Executive Committee

<b>Chairperson</b>	<i>Bill Thomas</i>
<b>Vice Chairperson</b>	<i>Jackie Condie</i>
<b>Treasurer</b>	<i>Joan Most</i>
<b>Membership</b>	<i>Pierre deRham</i>
<b>Cruising</b>	<i>Cheryl Shiber</i>
<b>Newsletter</b>	<i>Daniel Lenox</i>
<b>Safety</b>	<i>Ed Hanrahan</i>
<b>Conservation</b>	<i>Jane Bernstein</i>
<b>Training</b>	<i>Marian Greenfield</i> <i>Pierre deRham</i>
<b>Annual Race</b>	<i>Ralph Johns</i> <i>Paul Epstein</i>
<b>Competition Liaison</b>	<i>Jim Raleigh</i>
<b>Delegates at Large</b>	<i>Vance Condie</i> <i>Ann Cali</i> <i>Helen Chase</i> <i>Gordon Trinkler</i> <i>Brian Meserlian</i> <i>Diane Lenox</i> <i>Catherine Murray</i> <i>Grant Draper</i>
<b>Pool Sessions</b>	<i>Gordon Trinkler</i>
<b>Annual Dinner</b>	<i>Ann Cali</i>
<b>Web Site</b>	<i>Daniel Lenox</i>

## 1997 KCCNY Annual Slalom

By Ralph Johns

**M**ark your calendar for June 7-8 for the 1997 edition of KCCNY's great Esopus Slalom race. After careful consideration, the executive board has reiterated their commitment to continuing this long-standing tradition of KCCNY.

There will be classes for all ability levels and boat types. It is fun and improves boating skills. For those who are interested, coaching will be available from experienced racers.

Volunteers are needed for course set-up on Friday June 6 or to head committees. Please contact race chairman, Ralph Johns, at (201) 284-2524 daytime or (201) 492-8423 evenings to volunteer.

Complete the attached Official Entry Blank and Insurance Waiver and return, along with the entry fee, to:

Ralph Johns  
5 Trail West  
Kinnelon, NJ 07405.

The entry fee is \$10 per class per person. Checks should be made payable to "KCCNY". Canadian competitors must use postal money orders payable in U.S. currency. Mailed applications should be postmarked on or before June 1, 1997. Registration will also be permitted at check-in on the day of the race.

See in this newsletter for additional details.

## Newsletter Submissions

This is **your** newsletter, the quality of each issue may be dependent upon submissions by the members of KCCNY. Articles should be submitted prior to the deadline that is established for the next issue, and each submission should be separate, and typed or legibly hand written.

For those who have access to computers, articles may also be submitted on a DOS formatted floppy disk (either 5 1/4" or 3 1/2"). Many word processor file formats are supported, please contact me to see if yours is, or supply a plain ASCII text file if in doubt. I can also receive articles via email, my address is [dlenox@ssix.com](mailto:dlenox@ssix.com)

We now have the capability to digitally scan pictures that you may want published. For photo submissions the picture should be no larger than 5 X 7, they may be color, but black and white pictures may reproduce better.

Send all articles and/or pictures to newsletter editor. If you want the picture and/or floppy disk to be returned, please include a self addressed, stamped envelope.

## Newsletter Staff

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*Please send all changes of address or phone numbers to the membership chairperson and NOT to the editor of the newsletter!*

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Helen Chase	914-657-2107
Gordon Trinkler	908-688-1704
Brian Meserlian	201-697-9395
Diane Lenox	201-663-1364
Catherine Murray	212-866-7921
Grant Draper	212-866-7921

**Deadline for newsletters:**

**Jun 13, 1997**

**Sep 5, 1997**

**Dec 9, 1997**

## World Wide Web & Email Addresses

The following are some www site and email addresses that I have come across. Please contact me if you find any others of interest, or the address is incorrect (I am not responsible for the accuracy). Use them wisely!

<http://www.awa.org>  
<http://www.gti.net/amcny>  
<http://www.ssix.com/kccny>  
<http://www.pitt.edu/~suthers/trpc>  
<http://www.orp-wc.usace.army.mil:80/current>  
<http://www.kayaker.com/perception>  
<http://www.nowr.org>  
<http://mohawk.ll.mit.edu>  
<gopher://wx.atmos.uiuc.edu:70/11/states>  
[74744.2350@compuserve.com](mailto:74744.2350@compuserve.com)  
[NantOutCen@aol.com](mailto:NantOutCen@aol.com)  
[hennessy@cceb.med.upenn.edu](mailto:hennessy@cceb.med.upenn.edu)  
[Wghy78a@prodigy.com](mailto:Wghy78a@prodigy.com)  
[azagofsky@aol.com](mailto:azagofsky@aol.com)  
[DLenox@ssix.com](mailto:DLenox@ssix.com)  
[PdeRham@highlands.com](mailto:PdeRham@highlands.com)

American Whitewater Association home page  
Appalachian Mountain Club, NY-NoJ Chapter  
Kayak and Canoe Club of NY home page  
Three Rivers Paddling Club home page  
US Army Corps of Eng (Pittsburgh PA)  
Perception home page  
National Organization of WW Rodeos  
NE River Forcast Center  
River gauges & weather  
FutaFund for Futaleufu river  
Nantahala Outdoor Center  
Philadelphia Canoe Club newsletter editor  
Garden State Canoe Club newsletter editor  
Lehigh Valley Canoe Club newsletter editor  
Kayak and Canoe Club of NY newsletter editor  
Kayak and Canoe Club of NY membership

Ramsey outdoor add goes here

# More of Lanie and Ken's Excellent Western Adventures

By Ken Fischman

## *May 1996 - The Blue River:*

There we were, bumping down this god-awful dirt track for 16 miles in order to see a river we only knew from a map. Although it was May in the SW New Mexico, it was already beastly hot. NM was into its worst drought in people's memories, and we had been disappointed to find that the Gila R was too low to paddle. Desperate for a river, as only true white water addicts can be, and tired of looking at signs with spotted owls and environmentalists (both stuffed) hanging from them in the picturesque (that is, if you like dust) town of Reserve, we were really going to get away from it all. Reserve is in Catrone Co., one of the most anti environmental regions in the USA. It is paradoxically situated next to the largest wilderness area in the country, the beautiful Gila Wilderness. Catrone Co. is named after a land baron, who stole the area from the Hispanics who had land grants to it, cut down all the timber, and turned it into ranching land. Then the ranchers subsequently over-grazed it to death. Now they curse the Federal Government for not allowing them to destroy the Gila Wilderness too, and ironically, their Hispanic ranch hands (read serfs) support them.

Back to that god-awful road. We passed two wilderness ranches on the way to the river, tiny oases built on the only annual creeks we crossed. The country was hilly, broken, arid desert, and of a wondrous and inexplicable beauty. So too, was the Blue R. It was situated deep in a mostly sandstone gorge, meandering between lush vegetation. What little water there was, rushed over gentle ledges. We splashed in the water, sat in our lawn chairs (ah, the delights of the primitive lifestyle) looking at the play of light on the walls of the gorge and listening to the sound of the river. Our sandy camp site, between the canyon wall and a grove of large cottonwoods and Tamarasks, would have been idyllic if it had stayed in the shade all day, but afternoons turned it into a flaming hell. After two days we had to flee the terrible heat, but the beauty and mystery of this river still haunt my day dreams. No one seems to know anything about this river, but it flows seventeen miles through a long gorge before emptying into the Gila, and has a steep gradient. One day I hope to go back to it in an early Spring, and paddle down it. I want to see what is beyond the next bend.

## *June 1996 - Chelating in Toronto and Kayaking on the Ottawa:*

Those of you who have been following the continuing adventure of Ken's narrowing coronary arteries, are aware that in April I underwent an angiogram in Albuquerque, but the doctor found the offending artery too small to get his balloon into, and instead put me on stronger medication. I found this too restrictive because it slowed down my metabolism, and instead opted for an experimental, but promising type of chelation therapy (intravenous drips of chemical agents to remove the offending intra-arterial roadblocks), available only in Canada. Although the efficacy of chelation is controversial, it is generally considered to be benign. I flew from Denver to Toronto, drove 100 miles north to the clinic, and did the deed.

I had three days to kill before my return flight. Keen on geography since I was a kid, I could not but notice that the mighty Ottawa R was only 200 miles away, so I had thoughtfully brought my kayaking gear with me. "Still crazy after all these years". She was from Vancouver, B.C., her name was Michelle, 24 years old, and she had the most beautiful blue eyes. Best of all, she was a kayaking guide, so naturally I hired her, as well as a kayak, and off we went to paddle the most humongous river east of the Colorado.

The Ottawa was running at about 30,000 cfs and not being totally suicidal, we skirted Big McCoy and chose to go down the Middle Channel. We did Iron Ring with no trouble, although I must admit my heart(along with its arteries) was in my mouth at the sight of such huge waves and holes. Little Trickle was trashy on the right and big on the left so we ran it successfully down the middle. My confidence was building. Butterfly had a monster surfing wave and I actually stayed on it several times. Michelle, of course, could have stayed on it all day. My confidence was soaring. It was a beautiful day, except for the torture from black flies, which are ubiquitous on the Ottawa. I'll take mosquitoes any day! I ran Garvin's Chute on the left brilliantly. My confidence was sky high.

We came to the last significant rapid, Upper No Name. It was very big on the left, so that is exactly where I chose to run it. You know, those Greeks were not very good white water boatmen, what with those heavy triremes, but they sure knew about hubris. I ran the biggest part of the rapid perfectly, and seeing that it ended in a train of three immense standing waves, went right down the middle, over them, or to be exact, over 2 1/2 of them. Halfway up the third, a funny thing happened. I flipped over backward in a complete 360 - and then rolled right up! So, all right, I built you up, led you on, and fooled you. It all goes to show, that if you have a good roll, you can even overcome hubris! The plane ride back to Denver was uneventful.

### *July 1996 - Rubber Duckies, Brown's Canyon, and the Cache Le Poudre:*

We were racing the heat again, going north to Colorado. Naturally though, we had to stop off at a little village, called Orilla, on the Rio Grande River, near Taos, NM. I was chatting with the fellow in the camp site next to us who was blowing up his rubber ducky for a run down the Class III "Race Course" when he spontaneously offered to let Lanie paddle his other ducky. Surprisingly (to me) she accepted and a few minutes later the three of us, I in my kayak, they in duckies, were floating down the river together. Lanie's previous experience had been one successful rolling session and a kayak trip a long time ago, and considerable white water canoeing. She rapidly got the hang of the inflatable and is now a thoroughly converted rubber duckyite.

She wants me to buy her one and says we will go paddling down rivers together. I have created a monster. Racecourse itself proved to be a blast. It is filled with Volkswagen-sized boulders, and running it was truly like doing a slalom, lots of fun.

Salida, Colorado is a small town on a big river, the Arkansas. Despite its name, the Arkansas runs mostly white for a hundred miles in Colorado. It is hemmed in by a highway on one side and a railroad on the other, and if it were not for these artificial intrusions, I think that it would be second only to the Grand Canyon as a spectacular white water experience. The Numbers, Brown's Canyon, and the Royal Gorge are only the most famous sets of rapids, but there are many others. Salida is a sleepy little town, with mostly modest houses, as befits a place where railroad pensioners settle. It is set in one of the few places where the southwest desert canyon of the Arkansas R widens. Despite being only 95 miles from the mushrooming city of Colorado Springs, real estate prices are still reasonable. Perhaps the harsh desert climate does not appeal to the transplanted Californians. To discerning travelers (L & K), Salida does have a lot going for it: an awesome river, friendly people, an indoor hot spring swimming pool, proximity to the Monarch ski area, and like Durango, a white water slalom course right in the middle of town.

We liked Salida enough to visit it twice last summer, camping the second time at Hecla, the BLM take-out for Browns Canyon (highly recommended). Naturally, we could not resist getting on the river, and took a raft trip down Brown's just before we left town. The crew consisted of L & K in the bow, where we could get wettest, another couple in the stern, the four of us paddling, and our guide in the middle at the oars. She was great, both in rowing and in directing us. Pinball, the most significant rapid, was well named, and was one of the most exciting rapids I have ever been on. It consisted of a steep gradient, with huge boulders, placed as if by a fiendish giant at staggered intervals in such a way that it was hard to see what your next move would be. Even at a "low" 1700 cfs, vs. a Spring high of 3700, everything came at us fast. We were alternately splashed by snow melt and warmed by the July sun, and had a wonderful time.

By a stroke of great fortune, we were in Denver, getting our camper put back together for a change, when our friends Kris and Ed Mernyk were visiting Kris' brother, Julius, in nearby Cheyenne, Wyoming. We spent three great days with them, as guests of Julius and Vera. We enjoyed being with Julius, who recently retired from the Air Force, and is quite a character.

*(Continued on page 6)*

## **More of Lanie and Ken's Excellent Western Adventures (Cont.)**

Our reunion was topped off by another raft trip, this one on the Cache Le Poudre R near Fort Collins, Colorado. This Class III section of the Cache Le Poudre was beautiful, though not nearly as exciting as Brown's Canyon. However, Julius might disagree with my opinion. You see, our guide, a callow youth, contrived to heighten the excitement, and thereby hangs a tale. The guide had given a desultory safety talk to the mostly inexperienced rafters before embarking, including a brief description of "highsiding". If a raft hits a boulder and rides up on it, the "crew" is supposed to scramble to the "high" or downstream side in order to keep the raft from flipping over backwards. Near the middle of the trip, the guide suddenly, and with malice aforethought, swung us into one of the few large boulders in the river, crying "highside"! Most of us made it to the top, but one of our crew was missing. Julius went into the drink, and by the time we got the raft off the boulder, was well on his way to a solo trip down the next rapid. We caught up with him a quarter mile down and hauled him on board. I must say, he never lost his sense of humor. I would have!

### *December 1996 to March 1997 - Hood River, the Rainbow Town:*

From our front window, high above the Columbia River gorge, we can see north to the river, and beyond it, to the mountains of Washington state. On a rare, clear day during the rainy winter season, snow-covered Mount Adams towers above the other crags. If we could see in the opposite, southern direction, the even more imposing peak of Oregon's Mount Hood, only 35 miles away, would tower above us. We have rented a cute little white with blue trim house in the residential area of Hood River, within walking distance of the more commercial downtown district. Hood River is a town of 4,500, perched on the Oregon side of the Columbia Gorge, 62 miles east of Portland.

It is built on terraces, and is sandwiched between successively: the Columbia, Interstate 84, and a railroad, on its downside, and a plateau devoted to myriad's of fruit orchards on the upside. Just to the east of town, the Hood River flows into the Columbia. Its snow-fed waters originate on the slopes of Mt. Hood and flow past the town of Mount Hood before reaching town of Hood River. If you think that these are a lot of "hoods", try keeping straight the differences between the Mt Hood Lodge, Hood River Lodge, Hood River restaurant (chinese), Hood River Hotel, as well as dozens of variations on these themes. As the French would say, "c'est une salade!".

The infamous rainy season here appears to extend from November through March, and although it does not often rain hard, it sure do rain often. Numerous times, after the showers, or more often between them, the sun peeps out, and we can see beautiful, and usually complete, rainbows along the Gorge. Many other, smaller rainbows, appear on the Columbia during the warm sunny season, starting in May. These are the hundreds of windsurfers. with their colorful sails, taking advantage of the unique climatological and hydrologic conditions that make Hood River the windsurfing capital of the world.

I have never seen another town so devoted to one sport. There are windsurfer factories, sail lofts, and windsurfing and other outdoor sports stores all over town. During the summer this town wakes from its winter snooze, and simply teams with the youthful energy of the windsurfing crowd. Kayakers have begun to find this town too. It is surrounded by literally dozens of high quality white water rivers. To mention just a few: the Hood (natch), Sandy, Clackamas, and the redoubtable Deschutes in OR, and the White Salmon, Lewis, Wind, Klickotat and Cowlitz in WA, are all within a 45 minute drive. The mighty Wenatchee is only a bit further. That is why there are two kayak stores in town, and kayaking lessons are given at the fitness club (where I work out), and at the gigantic indoor Olympic size, county swimming pool, which also features two

kayak practice nights. Naturally, I swim and practice my roll there.

I also practiced my roll, inadvertently, on the Hood R. last week. "Tree" Trujillo, who owns Cascade Outdoor Center store, invited me to go paddling with him and three friends in late February, after he finished rock climbing and before he went skiing. Yes, they kayak here all winter. How do you like that one, kayaking fans? He chose a section of the main Hood R., 15 minutes from town (eat your hearts out NY kayakers), about a mile above the Tucker Road bridge (Class III-IV). We put in just upstream of a horrendous Class IV drop. I made it through and sat, panting, in my boat, in an eddy on river left, watching as the others, all in tiny boats, such as RPMs, Scorpions, etc. (I was also the only wimp wearing poagies) slipped into two fast and furious waves above a large hole on river right. They played on the waves, and as an encore, dropped into the hole while rolling to bring themselves out of it. They were impressive. They repeated this sequence for an hour and a quarter. I watched.

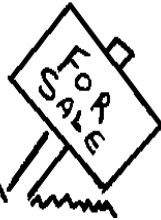
Then we headed downstream, through several challenging Class III and IV rapids. While the others continued to play, Tree and I headed for the takeout, on river right, just downstream of the bridge. He was anxious to get to the skiing. I paused in a micro-eddy above the bridge, and while I struggled clumsily to get my right hand into my poagy, my boat slipped out of the eddy, into a hole and onto a rock. I found myself upside down in the middle of a class IV rapid, without a clue as to my blade orientation. I had to change my grip, reach for the right-hand blade, and regain my paddle orientation. I rolled on my second try. "That's hanging in there" said Tree. "I can see you really love kayaking. I see that gleam in your eye". I believe that he had mistaken a look of terror for one of ecstasy. I did not correct him. The vertical takeout featured a steel ladder. "Here, let us help you get that big boat (the Response) up to the road." offered one of the others. I accepted his offer. Just another great day of kayaking.

We have grown accustomed to the mostly wet and foggy winter weather here, and have actually come to like it. It feels like a comfortable old sweater. The rain and mist cover the mountains, making them even more beautiful. Mostly time for hibernation and other indoor activities,...like paying IRS, balancing our bank account, figuring out medical insurance, reading, lying around, and playing with our free trial membership in AOL (If you do not know what these initials stand for, you are not a computernick, and hence not constantly frustrated and wasting your time). When we do get cabin fever, we can simply jump into our 1994 copper and cream Ford heavy duty pickup, which we traded our repair-prone 1988 model in for in January, and take off for the snow-laden mountains for a walk or skiing. Mt. Hood, only 45 minutes away, has five ski areas, including the giant Mt. Hood Meadows and Timberline, which features a 1930s WPA-built lodge you could die for.

"So"..., I can hear you saying, "...is this it? Are you going to settle here?" Well, not so fast. You would not want us to rush into this, would you? First of all there are some negatives. There are those long clammy cold, rainy winters. There is the cost of real estate, higher than we first thought. There is the proximity to Portland, or more importantly, to Portlanders. This city received the kiss of death by being called the most livable in the US. Well, maybe it was, five years ago, but now it is choked with cars, surrounded by endless miles of the inevitable hideous suburban strips, and apparently populated by the ubiquitous, crazed, desperate transplanted Californians, whose behavior, when they too often come out to Hood River, makes New Yorkers look like the souls of sanity. As fellow human beings I feel compassion for them, but we left NY precisely to get away from this kind of lunatic.

Besides which, there is the little matter of a possible angioplasty in NY, our future lifestyle depending on its outcome. And then, there are more rivers to paddle. We also want to see southwest Oregon and northern California, after which we want to rent in the Salida-Durango area this summer get a clearer idea about that area. And, there is the fire lookout job near Mt Adams in Washington that we have been offered. Then, of course, there is Whitefish, Montana (right down the road from Lox) and Bonners Ferry, Idaho, and .....

# Buy, Sell and Swap



**FOR SALE** Perception Dancer kayak, Teal with spray skirt. \$300 or B/O

Call Nancy Green  
at (201) 653-7739

**FOR SALE** Used Cruise Control and Mongoose \$550 each or best offer.

Call Gordon Trinkler at  
(908) 688-1704

**FOR SALE** Used Macintosh SE, System 7.1 OS, keyboard, mouse with Excel loaded first \$250 takes it.

Contact Daniel Lenox at  
(201) 663-1364

**FOR SALE** BIGFOOT...shred cut...ideal user weight about 175 lbs...5/6 layup glassed in cockpit, dynel tips. Excellent Condition.metal flake design on deck-purple/red/green/blue. Will sell the boat for \$675.00 and includes a brand new skirt.

Contact Bill Pearlstein via email at  
bpearls1@erols.com

**FOR SALE** Sawyer K-1 Whitewater paddle 204cm Beautiful all wood paddle barely used. Fiberglass reinforced wood blade. Retail \$149 new, sell for \$75

Call Steve Pietrucha at  
201-729-3211

**WANTED** flat water or sea kayak, primarily for use on lake.

Contact John Driscoll III via email

**FOR SALE** Notebook Computer For Sale: NEC Versa 6030H. Pentium 133, 32 meg RAM, 1.2gb HD, 6x CD-ROM, 28.8 modem, 12.1" active color display. Windows 95 and lots of software. Only 3 months old; still covered by 1 year warranty. Original documentation, 2 batteries, and 2 power supplies included. Price \$2499

Call Ron Soussa 201/316-9182

**FOR SALE** Old Town Canadienne canoe 16'9" kevlar, lightweight (55lbs), fast and sturdy. Wood trim, cane seats, front seat is adjustable. 2 paddles included, excellent condition, price \$850 firm.

Contact Tom Strozza at  
(201) 904-1673

Cold Brook Add

# 1997 KCCNY Annual Slalom

By Ralph Johns

Sponsored by:	Kayak and Canoe Club of New York (KCCNY)
Sanctioned by:	The American Canoe Association (ACA)
To Enter:	Complete the attached Official Entry Blank and Insurance Waiver and return, along with the entry fee, to Ralph Johns, 5 Trail West, Kinnelon, NJ 07405. The entry fee is \$10 per class per person. Checks should be made payable to "KCCNY". Canadian competitors must use postal money orders payable in U.S. currency. Mailed applications should be postmarked on or before June 1, 1997. Registration will also be permitted at check-in on the day of the race.
Eligibility:	Competitors must be amateurs by American Canoe Association (ACA) definition and also must be competent swimmers. INSURANCE REGULATIONS DEMAND THAT ACA MEMBERSHIP IS MANDATORY FOR <u>ALL</u> PARTICIPANTS. PARTICIPATION MEMBERSHIPS MAY BE PURCHASED UPON REGISTRATION FOR \$5.
Rules:	This race will be conducted under the published Whitewater Slalom Racing Rules of the National Slalom and Wildwater Committee of the American Canoe Association.
Location:	Phoenicia, New York is located 26 miles west of Kingston, New York on NY Route 28. The slalom course is located approximately one mile up High Street in Phoenicia at the Woodland Valley Bridge.
River Description:	The slalom course will be set on the Esopus Creek at Phoenicia, New York. Distance from start to finish is approximately 400 meters; vertical drop is approximately 9 meters. A water release is anticipated that will make the slalom site located at Railroad Rapids a Class III course with heavy water. The race course will be designed for intermediate paddlers.
Competition Classes:	Competition is planned in C1, C1 Women, K1, K1 Women, C2, and C2 Mixed, and subdivided into A/B, C/D, Junior (under 17 years as of 1/1/97), Master (40 years or older as of 1/1/97), and Recreational classes. A/B ranked paddlers may not enter the C/D or Recreational divisions in their A/B class. Each paddler may enter a maximum of two (2) classes.

# 1997 KCCNY Annual Slalom

By Ralph Johns

Schedule:	The race will start Saturday at 12:00 noon and Sunday at 10:00 A.M. There will be a competitors' meeting Saturday morning at 11:30. Competitors will race in the posted order both days. Racers not at the start when called may forfeit their run. Additional information will be posted on the bulletin board located near the Scoring Tent.
Check-in:	Check-in will take place on Saturday morning between 9:00 and 11:00 at the Scoring Tent.
Practice:	The course will be open for practice until 11:15 A.M. on Saturday and until 9:30 A.M. on Sunday.
Work Assignments:	In order to run the race, it will be necessary for all competitors to perform a work assignment and assist at course tear-down on Sunday following the race. Failure to serve as assigned will result in disqualification. Conduct of the race depends upon work assignments – please be prompt.
Safety:	All competitors must wear helmets and approved life jackets. Additionally, the last three boats that have finished their runs will be required to remain at the bottom of the course for safety/rescue.
Camping:	Woodland Valley Campground (State) (914) 688-7647 Uncle Pete's (914) 688-5000 Wilson State Park (914) 679-7020 Camping and parking are not available at either the Phoenicia Ski Center or the Phoenicia Trailer Park. Please be careful to observe any posted No Parking signs.
Lodging:	Ray's Cabins (914) 688-5410
Food:	The local Catholic church will again serve a buffet supper on Saturday evening from 5:00 to 7:00 at a reasonable cost. A food market and numerous restaurants are available in the Phoenicia vicinity.
Course Set-up:	The slalom course will be set during the day on Friday, June 6. If you can be available to help, please contact Ralph Johns at (201) 492-8423. We would really appreciate any additional hands we can muster for this detail.

# Kayak and Canoe Club of New York

## OFFICIAL ENTRY FORM

32<sup>nd</sup> Annual KCCNY Esopus Whitewater Slalom  
June 7 and 8, 1997 -- Phoenicia, New York

Sponsored by: The Kayak and Canoe Club of New York

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Club Affiliation: \_\_\_\_\_

ACA #: \_\_\_\_\_ USCKT #: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Please check the classes entered (two maximum).

	A/B	C/D	Junior	Master
Kayak - Men				
Kayak - Women				
Canoe - Men				
Canoe - Women				
Doubles Canoe *				
Mixed Canoe *				
Recreational Kayak - Men				
Recreational Kayak - Women				
Recreational Canoe				

\* Partner: \_\_\_\_\_

Individuals who are not ACA members must purchase an ACA Participation Membership for \$5. Make checks payable to "KCCNY" and mail to:

Entrv Fees (\$10 per class per person): \_\_\_\_\_  
ACA Participation Membership (\$5): \_\_\_\_\_  
Total Enclosed: \_\_\_\_\_

Ralph Johns  
5 Trail West  
Kinnelon, NJ 07405

# AMERICAN CANOE ASSOCIATION

## WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in The American Canoe Association, Inc. athletics/sports program, and related events and activities, the undersigned:

1. Agree that prior to participating, they each will inspect the facilities and equipment to be used, and if they believe anything is unsafe, they will immediately advise their coach or supervisor of such condition(s) and refuse to participate.
1. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
1. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
1. Release, waive, discharge and covenant not to sue American Canoe Association, Inc., its affiliated clubs, their respective administrators, directors, agents coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.

THE UNDERSIGNED HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.

Signature of Participant:

Date:

Printed Name of Participant:

Date of Birth:

Address of Participant:

City:

State:

Zip:

ACA #:

Club/Organization:

# BEGINNERS INSTRUCTIONAL WEEKEND

By Pierre deRham

**A**gain this year Pierre de Rham and Marian Greenfield will be conducting a beginners Instructional weekend. This is a two day trip in which the beginning paddler spends the first day learning the basic paddling skills on wonderful Lake Sebago in Harriman State Park. Those who feel comfortable can also try to learn an Eskimo roll.

The second day is spent on the gentle moving waters of the Delaware River. Cabin accommodations are included. We also include Saturday evening dryland instruction and discussion. Maybe even some videos. We may even include a Sat. evening cookout.

This weekend will be May 30, 31 and June 1. Please contact me as soon as possible since space is limited and the trip fills up fast. If you are interested in taking part call pierre at 914-424-3160.

Pierre and Marian are also looking for experienced paddlers who are willing to lend a hand for either or both days also!

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***Your company ad could have been here  
(as well as on the Internet)***

For information and a rate card contact:

Daniel Lenox ~ (201) 663-1364 or  
email ~ [dlenox@ssix.com](mailto:dlenox@ssix.com)

# 1997 Cruising Calendar

Even if a trip is not listed as instructional, it can be! Keep your eyes open. Is there some one who looks good paddling, do their moves look easy and smooth? Watch them and see why, and by all means ASK for some tips. This can be a great opportunity to not only get some "inside information" but also a way to make some friends. You will find that most people are very willing to help or give assistance...

River difficulty is subjective and often depends on weather conditions and water levels. Also, obviously, skill levels indicated are minimums. Call the trip leader and ask questions if you are unfamiliar with the river

Thanks to all those that have already signed up to coordinate a trip! We still need many more trips to make it a great 1995 Cruising Calendar. If you can coordinate a trip or other activity (ie: Party, Play Spots, Deerfield, West...), please give Cheryl Shiber a call at (201) 287-1866

DATE	SKILL	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
<b><u>May</u></b>			
1-4	ALL	Hudson River Derby	(518) 251-2612 Susan Murante
3	ALL	Cheat River Festival, Albright, WV	
3	I+-A	Cheat River, WV	(717) 629-5533 Ken Sanders
3	N	Lehigh River	(718) 798-5442 Andy Laiosa
4	N-All	Mongaup / Delaware Play Day	(201) 666-0550 Penny Giles/Skip Wilson
10-11	B	Deerfield, Fife Brook, Charlemont, MA	(212) 866-7921 Grant Draper Catherine Murray
10	N	Lehigh River optional Mountain Biking Afterward	(212) 318-6025 Marc Silverman
10	ALL	Ramapo River Cleanup Tuxedo to Suffern	(914) 634-7136 Jorge Cartamil
10	N	Delaware River - Beginner Trip	(908) 321-1354 Marian Greenfield
17-18	I	Adirondacks, Hudson Gorge and other possibilities	(914 ) 896-0373 Paul Epstein
17	ALL	Mongaup River Clean Up	(718) 798-5442 Andy Laiosa
17	N	Mongaup River	(201) 402-6579 Mark Rosen
18	ALL	Scudders Play Day	(609) 585-1264 Gerhard Mueller
25	ALL	Ocean Surfing, Gilgo Beach, LI, NY *Every Sunday morning through Labor Day	(516) 225-5718 Chris Bellingham
23-26	A	Quebec Rivers	(212) 781-7080 Bill Thomas
23-26	A	Upper Yough	(908) 707-9532 Bruce Farrencopf
23-26	I	West Virginia	(914) 986-1414 Tom Gustainis
31-June 1	I	Deerfield, Monroe Bridge	(212) 318-6025 Marc Silverman
31-June 1	ALL	Potomac River Festival	*contact AWA for information
30-June 1	N	<b>Beginner Instructional Weekend</b>	(908) 321-1354 Marian Greenfield (914) 424-3160 Pierre deRahm
<b><u>June</u></b>			
1	N	Mongaup	???
7-8	ALL	<b>Annual KCCNY Esopus Slalom</b> <b>**Race Instruction Avail.</b>	(423) 688-8211 Ralph Johns
14	N	Mongaup / Delaware	(201) 666-0550 Penny Giles/Skip Wilson
14-15	I	Deerfield, Monroe Bridge	(201) 287-1866 Cheryl Shiber
14-15	B	Lehigh River	
21-22		Deerfield, Monroe Bridge	(201) 292-9569 Jon Rafalowski
21-22	B	Lehigh River	
28	I	Farmington River at Tarrifville	(914) 634-7136 Jorge Cartamil
28-29	I	Lower Yough Ohiopyle, PA	(908) 688-1704 Gordon Trinkler
30	A	Upper Yough	(908) 688-1704 Gordon Trinkler

**July**

# 1997 Cruising Calendar

DATE	SKILL	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
3-6		New, Gauley & other possibilities	(717) 629-5533 Ken Sanders
12-13	B-I	Deerfield, Fife Brook & Monroe Bridge	(914) 939-2614 Sean Coffey
		<b>**Instructional</b>	(201) 807-1823 Brian & Chris Germaine
12		Mongaup River	(201) 402-6579 Mark Rosen
19-20	I	Deerfield River	(516) 271-1056 Allen Ollendorf
20	ALL	Ocean Surfing, Gilgo Beach, LI NY	(516) 225-5718 Chris Bellingham
2527	I	Deerfield River	(201)729-3211 Steve Pietrucha
25-27	N	Lower Yough	(908) 704-1801 Walter Levy

## August

call	I	Ottawa Canada (5 days mid week)	(914) 426-2691 Gidon Schwarz
call	ALL	Fire Island, NY (camping, ocean surfing, 5 days)	(914) 634-7136 Jorge Cartamil
2	ALL	Deerfield River Festival	Call AWA for info or to volunteer at the festival.
2-3	ALL	Monroe Bridge Section	(212) 318-6025 Marc Silverman
12-18	I	Ottawa, Canada	(203) 740-8633 Dana & Paige Castro (212) 678-0863 Jackie & Vance Condie
16-17		Deerfield River	(201) 833-9537 Nancy Shiber
20-21		Deerfield River	(201) 471-3129 Joan Most

## September

Labor Day			
Weekend		Kennebec River	???
5-7		McCoy's Rapid Rodeo, Ottawa River	Phil Green at pgreen@synapse.net
13-21		Gauley & other possibilities	(717) 629-5533 Ken Sanders
20-21		Deerfield River	
20-21		Gauley River Festival	
27-28		West River, VT (for B&B accommodations call early August)	(201) 652-5058 Jane Bernstein

## October

4-5	I-A	Deerfield River	(201) 833-9537 Nancy Shiber
18		Moose River Festival (*date tentative)	
18-19	A	Bottom Moose	(212) 334-0824 John Gellman

## November

1	N-All	Mongaup	
8	I	Tohickon Creek	(201) 663-1364 Dan & Diane Lenox

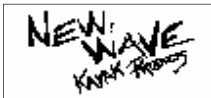
# 1997 Race/Competition Schedule

DATE	RIVER / LOCATION	PHONE NUMBER / INFORMATION
		<b><u>May</u></b>
3-4	Fiddle Head Slalom, NESS #4 Winouski River, Montpelier VT	(802) 879-4286 Ray Ingram
31-June 1	Potomac Festival (Rodeo is tentatively planned)	AWA
		<b><u>June</u></b>
7-8	Annual KCCNY Esopus Slalom Race	(201) 492-8423 Ralph Johns
		<b><u>July</u></b>
25-27	Ocoee River, WORLD CUP	
		<b><u>September</u></b>
5-7	McCoy's Chutes Rapid Rodeo, Ottawa River	Phil Green at pgreen@synapse.net

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# Paddling Classifieds/ Bulletin Board

Looking for something to paddle on short notice? Looking for a day trip? Interested in a specific river? The Bulletin Board is a new section intended to fill the gaps in your paddling schedule.

## WHAT

Mongaup

Bulls Bridge  
Coordinator's Choice

Ocean Surfing

Scudders  
Mongaup Wave  
Paddling with kids

Kayak polo

Upper Yough

## WHEN

all release dates

all year round  
every Sunday, all year round

every Sunday, all summer

often  
often  
when you can

June-Sept.  
Probably Tuesday nights.  
every day

## DETAILS

meet at 9:45 at Rt. 94 Parking lot or  
call Allen Zimmerman for info.

Dana & Paige Castro  
(914) 426-2961 Gidon Schwarcz  
I-A level, call Saturday night  
Gilgo Beach, LI NY  
(516) 225-5718 Chris Bellingham

Gerhard Mueller  
Skip Wilson & Penny Giles  
Steve Ruhle is looking for others  
who would like to paddle with kids  
Lake Sebago, NY  
(201) 287-1866. Cheryl Shiber  
Ken Sanders is moving out there!!

## Commercial Web Site Development

Let's be frank, today just about anybody can create web pages, however the amount of time invested usually shows through. Image is everything...

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**(201) 663-9197**

Fax (201) 663-2682

**Solutions, Systems and Information Technologies**

# River Release Schedule

## Deerfield River, MA

### Fife Brook / Zoar Gap Section

Releases start between 9:30 am and 12 noon,  
with a flow of at least 700 cfs

May 3-4, 10-11, 15-18, 22-25, 29-31  
June 1, 11-15, 21-22, 25-29  
July 2-6, 12-13, 16-20, 24-27, 30, 31  
August 1-3, 9-10, 13-17, 20-24, 28-31  
September 3-5, 11-14, 18-21  
October 1-5, 8-12, 22-26

### Monroe Bridge/ Dry Way Section

May 31  
June 1, 14, 15, 21, 22  
July 4 (Fri), 5, 13, 19, 20, 25 (Fri), 27  
August 2, 3, 16, 17, 24, 30  
Sept. 14, 20, 21  
Oct. 4, 5

## Gauley River

September 6-9, 13-15, 20-23, 27-30  
October 4-7, 12-13

## Lehigh, PA

June 14, 15, 28, 29  
September 20  
October 4, 18

\* These are the scheduled releases dates when water is guaranteed. They are not necessarily the days with the best water. The best water can be found mid week, after heavy rains and/or early Spring.

## Mongaup, NY

May 4, 17  
June 1, 14, 29  
July 12, 27  
August 9, 24  
September 6, 21  
October 4, 19  
November 1

The releases are generally from 10am-2pm

\* These are the guaranteed 1 barrel releases. Keep in mind that there are will be many additional 1 barrel releases as well as many unscheduled two barrel releases.

## Kennebec

It's always running!

## Savage, MD

With luck there will some release dates in June. Call AWA for info.

## Upper Yough

Every Monday and Friday. First Saturday of the month. Holiday weekends.

## Ocoee

May 3,4,10,11,17,18,24,25,26,31  
June 1,2,5,-9,12-16,19-23,26-30  
July 3-7, 10-14, 17-21,24-28,31  
August 1-4,7-11,14-18,21-25,28-31  
September 1,6,7,13,14,20,21,27,28  
October 4-12,18,19,25,26  
November 1,2

## Bottom Moose, NY

May 3, 4, 10, 11, 17, 18, 24, 25  
June 1, 8

October 4, 5, 11, 12, 18, 19

Remember - release only allows the river's natural flow back into the river bed. Check to make sure the level is a minimum of 2.5' by the McGeever Gauge before coming.

Campmor add

# Members Mutual Agreement For Protection From Liability

**W**elcome to the river. In the interest of permitting the Kayak and Canoe Club of New York (the "Club") to exist and to serve the paddling community without fear of liability, I ask you to join in this contract. The first part is for you to acknowledge that you understand the risks involved in this activity. The second part is a release from liability.

## *ASSUMPTION OF RISK*

I \_\_\_\_\_ understand and accept the following acts of life on a body of water: that paddling in watercraft exposes me to many hazards. No one but myself is responsible for judging my qualifications for my safety when I choose to challenge my capabilities by boating on particular body of water, or a particular rapid. I may assist my fellow paddlers to the best of my own ability if they appear to need such assistance, but only so long as I can do so, in my judgment, without significant danger to myself. I further understand that this does not imply any legal duty for me to do so, nor for any one else to render such assistance to me. Some of the dangers and risks which may be present or occur include, but are not limited to, the following:

- 1) The hazards of traveling in a watercraft in varying water conditions.
- 2) Hazards including boulders, trees and other obstacles, waterfalls, holes, reversals and other water formations.
- 3) Swimming/floating in unfamiliar and sometimes turbulent water.
- 4) Using paddles, ropes and other paddling equipment.
- 5) Hiking or walking in rugged terrain, including slippery rocks.
- 6) Injuries inflicted by animals, insects, reptiles or plants.
- 7) Accidents or illness in remote places without medical facilities.
- 8) Man-made objects in the water including, but not limited to, ropes, bridge pilings, broken dams and metal debris.
- 9) Carrying watercraft and other paddling equipment.
- 10) The forces of nature, including lightning, weather changes, water level changes, and others not named.
- 11) The physical exertion associated with paddling and swimming and carrying watercraft on land.
- 12) Travel in a vehicle driven by other persons.

## *RELEASE FROM LIABILITY*

Now therefore, intending to be legally bound, I hereby waive, for myself and for anyone else claiming through me, my right to sue the Club, its members, trip coordinators or any of my fellow paddlers for any injuries to my person or my equipment which may occur during, in preparation for or in transit to or from a Club outing. The waiver applies to any negligent act or omission and to any intentional act intended to promote my safety or well-being.

I am solely responsible for deciding whether to participate in or to continue on any water trip. I assume these risks and understand my responsibility in decision making. My waiver has no expiration date.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Participant's Printed Name

\_\_\_\_\_  
Date

**KCCNY**  
**Daniel Lenox**  
**233 Prospect Point Rd.**  
**Lake Hopatcong, NJ 07849**

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**The KCCNY Web Page  
Has Moved !!!**

**It is new address is**

***<http://www.ssix.com/kccny>***