

❖ KCCNY Newsletter ❖

The Newsletter of the Kayak and Canoe Club of New York

Volume XXXVI Issue 3

July 1996

1996 Executive Committee

Chairperson	<i>Vance Condie</i>
Vice Chairperson	<i>Bill Thomas</i>
Treasurer	<i>Helen Chase</i>
Membership	<i>Pierre deRham</i>
Cruising	<i>Lowell Tindell</i>
Newsletter	<i>Daniel Lenox</i>
Safety	<i>Ed Hanrahan</i>
Conservation	<i>Doug Feick</i>
Training	<i>Marian Greenfield</i> <i>Pierre deRham</i>
Annual Race	<i>Phyllis Horowitz McLane</i> <i>Mathew Giltner</i>
Competition Liaison	<i>Jim Raleigh</i>
Delegates at Large	<i>Miriam Alexander</i> <i>Charles Peterson</i> <i>Ralph Johns</i> <i>Anne Cali</i> <i>Rich Desvernine</i> <i>Paul Epstein</i> <i>Pam Dellea</i> <i>Diane Lenox</i>
Pool Sessions	<i>Gordon Trinkler</i>

KCCNY Slalom - Too Much Water?

By Mathew Giltner

A couple of years ago we had so much rain the Esopus creek was running at flood stage. The race was delayed until Sunday, as most of us decided to do some recreational paddling. That was the year that woodland valley was running as well as every other creek, stream bed & ditch....

1996 was a similar year except the rains and snow melt caused the high water. As most of you know this years flood wasn't a boon to the members of KCCNY. With the extraordinary spring water levels the reservoirs have been full. Too full in fact.

KCCNY had a request in for a recreational release to coincide with our annual race. This request is made to the city of New York (they control the releases) and were stone walled, and stone walled, and stone walled.... As it turns out the lower reservoir was too full. The city had some concerns that a water release would allow the water to overflow the banks. So they had a moratorium on all recreational releases.

At the executive board meeting (May 12th) this issue was discussed at length. The city still wouldn't commit and the decision was made to postpone/cancel the race. As fate would have it (any time you deal with the government) The city committed to a release (500-600cfs) on Thursday May 30th. Giving us 24 hours to get the word out, plan, and execute the race...it just couldn't happen....

(Continued on page 3)

Newsletter Submissions

This is **your** newsletter, the quality of each issue may be dependent upon submissions by the members of KCCNY. Articles should be submitted prior to the deadline that is established for the next issue, and each submission should be separate, and typed or legibly hand written.

For those who have access to computers, articles may also be submitted on a DOS formatted floppy disk (either 5 1/4" or 3 1/2"). Many word processor file formats are supported, please contact me to see if yours is, or supply a plain ASCII text file if in doubt. I can also receive articles via email, my address is DLenox@aol.com

We now have the capability to digitally scan pictures that you may want published. For photo submissions the picture should be no larger than 5 X 7, they may be color, but black and white pictures may reproduce better.

Send all articles and/or pictures to newsletter editor. If you want the picture and/or floppy disk to be returned, please include a self addressed, stamped envelope.

Newsletter Staff

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P. O. Box 195
Garrison, NY 10524
914-424-3160
PdeRham@highlands.com

Please send all changes of address or phone numbers to the membership chairperson and NOT to the editor of the newsletter!

Phone Numbers for KCCNY Executive Committee

Vance Condie	212-678-0863
Bill Thomas	212-781-7080
Helen Chase	914-657-2107
Pierre deRham	914-424-3160
Lowell Tindell	212-228-6249
Daniel Lenox	201-663-1364
Ed Hanrahan	201-226-4582
Doug Feick	914-332-9774
Marian Greenfield	908-321-1354
Phyllis Horowitz McLane	914-688-5569
Mathew Giltner	908-534-1465
Jim Raleigh	908-946-4921
Miriam Alexander	201-257-2179
Charles Peterson	908-688-1558
Ralph Johns	201-492-8423
Anne Cali	201-226-4582
Rich Desvernine	908-356-5155
Paul Epstein	914-896-0373
Pam Dellea	908-534-1465
Diane Lenox	201-663-1364
Gordon Trinkler	908-688-1704

**Deadline for 1996
newsletters:**

**Sept 9
Nov 20**

KCCNY Slalom (cont.)

We looked at running our race with the ACA race in September. Unfortunately that race is part of the Mad River series, and not set up in such a way for us to "barge in on it".

What I would propose is those who want to race The ACA race will have all classes available, and those who just want to paddle the river and hang out with some good friends can do that too !

And just because bad news comes in droves....

My job is ending here in New Jersey in the next 10-12 months. It is likely I will be able to stay in the NY area but It isn't guaranteed. Phyllis after 5 years, also had decided to move on. So it is necessary for the club to solicit for a new race chairman.

Hope to see everyone in September..

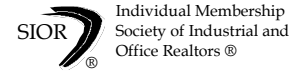
Campmor add

Business Card Section

PHONE: (201) 575-6080

FAX: (201) 575-4590

**DELAWARE HUDSON
REALTY GROUP, INC.**
CORPORATE REAL ESTATE



Ronald S. Soussa, SIOR, Vice President
239 NEW ROAD, PARSIPPANY, NJ 07054-4294

CATHERINE CHARUK
Attorney at Law

26 Pearl Street
U.P.O. Box 4011
Kingston, New York 12401
Telephone (914) 334-9775
Fax (914) 334-9776

If you would like to have your business card in the newsletter, contact Daniel Lenox at (201) 663-1364 for pricing!

River Release Schedule by Lowell Tindell

Deerfield River, Massachusetts

Monroe Bridge Section

August (RiverFest) 3-4, (Fri.) 9-10, 18, 24-25
September 1, 8, 28
October 5-6

Fife Brook

August (RiverFest) 1-4, 8-11, 15-18, 22-25, 29-31
September 1, 4-8, 11-15, 25-29
October 2-6, 9-13, 23-27

Mongaup River, New York

(10:00 AM - 2:00 PM)

Sat Aug 10
Sun Aug 25
Sat Sept 7
Sun Sept 22
Sat Oct 5
Sun Oct 20
Sat Nov 2

West River, Vermont

September 21-22

Dead River, Maine

Sat Aug 10 2400 cfs
Sun Aug 11 1800 cfs
Sat Aug 17 1800 cfs
Sat Aug 31 1300 cfs

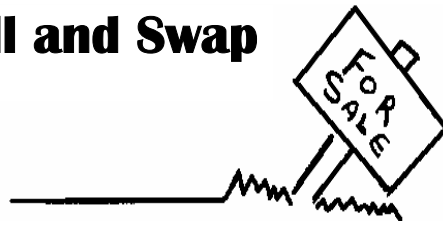
Sun Sept 1 5500 cfs
Sat Sept 14 3500 cfs

Sun Oct 6 Full open up to 6000 cfs

Calendar of Events - 1996

8/3-4	Deerfield River Festival
9/21-27	Gauley Festival
10/11-13	Ocoee Rodeo
10/19-20	Moose River Festival/Race
10/28	KCCNY meeting
11/23	KCCNY Annual Dinner

Buy, Sell and Swap



FOR SALE Used Macintosh SE, System 7.1 OS, keyboard, mouse with Excel loaded \$650 or best offer

Contact Daniel Lenox at
(201) 663-1364

FOR SALE Stohlquist Dry Suit (XL), exc. condition \$175, Farmer John wet suit, exc. cond. \$65

Call Gene Langlinais
at (804) 966-9094

FOR SALE Klepper Aerius I, excellent condition, call for more information

Call Gene Langlinais
at (804) 966-9094

FOR SALE Perception Corsica S, Spray skirt, Harmony Horizon Line paddle, (take apart), Fiberglass, Pro-tec helmet, air bags, Thule upright bar w/straps. Stored indoors, perfect condition. Used only 2 times, \$950 for all

Contact Kathy White Werkeim at
201-279-1586 or
201-754-2953 (till 3PM)

FOR SALE Blue Hole Sunburst 1, 13' solo open canoe, completely outfitted, portage yoke, floatation bags, two paddles, very good condition \$400 for complete package.

Contact Pat McHenry at
201-252-9863 (H) * leave message
212-345-5603 (W)

FOR SALE Used Cruise Control and Mongoose \$550 each or best offer

Call Gordon Trinkler at
(908) 688-1704

HELP WANTED

Ramsey Outdoor is seeking experienced paddlers for employment opportunities at all three locations. Knowledge of Sea Kayaks and canoes a must

Contact Marvin Stein at
(201) 261-5000

Cold Brook Add

SoftSense Inc.

233 Prospect Point Rd., Lake Hopatcong, NJ 07849

(201) 663-9197

Fax (201) 663-2682

Summer Special...

Digital Rapids - Whitewater screen saver
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Welcome New Members

Michael Jones
469 Lakeside Blvd.
Franklin Lakes, NJ 07417
201-337-3092 (H)
201-512-1000 (W)

Lew Persons
161 Columbus Ave., Apt 1A
E. White Plains, NY 10604
914-686-9602 (H)
914-942-5321 (W)

DAN & MARCIA KAVENEY
Box 814A, RD 7
Monroe, NY 10950
914-782-3793 (H)
201-236-7451 (W)

Change of Address

RON SOUSSA
21 Eugene Drive
Montville, NJ 07045
201-316-9182 (H)
201-575-6080 (W)

1996 Cruising Calendar

Even if a trip is not listed as instructional, it can be! Keep your eyes open. Is there some one who looks good paddling, do their moves look easy and smooth? Watch them and see why, and by all means ASK for some tips. This can be a great opportunity to not only get some "inside information" but also a way to make some friends. You will find that most people are very willing to help or give assistance...

Thanks to all those that have already signed up to coordinate a trip! We still need many more trips to make it a great 1995 Cruising Calendar. If you can coordinate a trip or other activity (ie: Party, Play Spots, Deerfield, West...), please give Lowell Tindle a call at 1-212-228-6249

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
<u>AUGUST</u>				
August	I-A	III-IV	Ottawa (more info soon)	(212)678-0863 Vance & Jackie Condie
8/3-4	ALL		Deerfield River-River Fest	
8/3-4	I-A	III-IV	Deerfield River-River Monroe Bridge	(212)781-7080 Bill Thomas
8/4	N-I	II-III	Deerfield-River Zoar Gap	(914)248-7614 Richard Albert
8/10	N-I	II-III	Mongaup/Delaware	(718)231-9800 Andrew Laiosa
8/17	N-I	II-III	Deerfield River Zoar Gap	(201)807-1823 Brian Germaine
8/18	I-A	III-IV	Deerfield River Monroe Bridge	(201)807-1823 Brian Germaine
8/24-25	I-A	III-IV	Deerfield River Monroe Bridge	(201)833-9537 Nancy Shriber
8/25	N-I	II-III	Mongaup River	(914)472-5882 Rell & Bill Hladsky
8/31-9/1	I-A	III-IV	Ottawa River	(717)629-5533 Ken Sanders
LABOR DAY WEEKEND				
8/31-9/1	I-A	III-IV	Kennebec/Penobscot	(201)697-9395 Brian Meserlian
<u>SEPTEMBER</u>				
9/7-8	I-A	III-IV	Hudson River Gorge	(914)896-0373 Paul Epstein
9/21-27	ALL		Gauley Festival	
9/21-22	I-A	I-V	Gauley River	(201)444-7548 Joe Hanerfeld
9/28-29	I-A	III-IV	West River	(201)652-5058 Jane Bernstein
<u>OCTOBER</u>				
10/5-6	I-A	III-IV	Deerfield River Monroe Bridge	(212)678-0863 Vance & Jackie Condie
10/11-13	ALL		Ocoee Rodeo	
COLUMBUS DAY WEEKEND				
10/12-14	I-A	III-IV	James/Rappahannock/Maury Camping space is available	(804)228-0918 Gene Langlinois
10/19	ALL		Moose River Festival	
10/19-20	A	V	Bottom Moose	(212)334-0824 Jon Gellman
10/28	ALL		KCCNY Meeting	(914)657-2107 Helen Chase

1996 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
<i>November</i>				
11/2-3	I-A	III-IV	Tohickon Creek	(908)663-1364 Dan Lenox
11/23	ALL		KCCNY Annual Dinner	(201)226-4582 Ann Cali

Dana and Paige Castro run the Housatonic River/Bulls Bridge section and the the Ten Mile all year. If interested give a call at (203) 740-8633.

Ramsey outdoor add goes here

Small Business Networking

Computers in the office has become commonplace, in fact for a lot of people it is difficult to imagine doing their job without a computer! The use of computers is an effective means of managing the tasks that are necessary to run a business. An office network can have many advantages not only in large corporations, but also small businesses that have only three or four computers.

A network, if implemented correctly, can save a business a lot of money. We will discuss a number of ways that networks can save money, increase productivity, and make your life easier.

The most common type of network is a LAN, or local area network. It's primary purpose is to physically link several PC's to each other, and often to a minicomputer.

A common lan configuration used today is each of the PC's having an ethernet card, and each of them are connected by either a coaxial wire or twisted pair wire, similar to telephone cable. It is capable of transferring 10 megabits of information per second, where a megabit is approximately 1,000,000 bits. This type of lan is used in a small environment either using a point-to-point or a star topology utilizing hubs. Faster ethernet lans exist, but are generally not as cost effective in the small business environment.

A file-server is usually a high performance PC with a large disk drive that is not used exclusively by any one individual on the network. Instead it usually exists to serve all of the other PC's on the network, by providing a central place in which to store data. This provides centralized file storage, where both application software and data files reside on a single station. This centralized storage has a number of main benefits:

- A single large hard drive
- Centralized file storage
- File sharing
- Sharing of other resources (printers, CD Roms, etc.)
- Easy control of upgrades to application software
- Convenient way to backup critical files

Since the file server has a high capacity disk drive, all of the workstations connected to it can have smaller disk drives, as long as the file server is used for the primary storage. The disk drive on the file server is usually one or two gigabytes in size, but depends upon the number of workstations connected, and the types of applications that are being ran.

A good backup system should also exist on the file server. The backup capacity should match the size of the capacity of the disk drive(s). The backup system, whether it is a tape drive or other device, allows you to make periodic backups of the file server. If you experience a disk crash then most likely everything on it is lost forever!! Not just the work in progress, but everything you have ever done, including data and software.

You can reinstall the software programs from the master disks that you have from purchasing the software, but your data files, the crux of your business are gone... Good backup habits should also be developed as well. Keep multiple backup copies and rotate them periodically, also date them as well.

Initial installation costs for a network will depend upon how large your company is and the type of network installed. If you have more than two or three stations consider hiring a professional to wire up the office. They have the tools and know how to do a proper installation. A bad installation can mean severe problems and network crashes. A good rule of thumb for hiring a professional to wire up the network is between \$150 and \$200 per station. This only includes the wiring of the stations and does not include the network or backup software. Often they can also provide the software and know-how to get you up and running.

SoftSense is a computer consulting firm located in New Jersey that specializes in working with small to medium sized companies. They have almost 20 years experience in the computer field.

Not only do they create customized programs but also sell computer hardware and software to not only businesses but individuals too.

Phone (201) 663-9197

Fax (201) 663-2682

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2518 Spruce St., Union, New Jersey 07083

World Wide Web & Email Addresses

The following are some www site and email addresses that I have come across. Please contact me if you find any others of interest, or the address is incorrect (I am not responsible for the accuracy). Use them wisely!

http://www.awa.org/awa/yellow_pages/newwave/Paddlequest	American Whitewater Association home page
http://www.lehigh.edu/~ludas/NY/amcnyhom.htm	Appalachian Mountain Club, NY-Noj Chapter
http://www.eclipse.net/~mgiltner/kccny.html	Kayak and Canoe Club of NY home page
http://www.pitt.edu/~suthers/tprc	Three Rivers Paddling Club home page
http://random.chem.psu.edu/pdoc	Penn State Outing Club home page
http://dsl.gl.umbc.edu/~pjacksl	Baltimore Canoe & Kayak Club home page
http://www.orp-wc.usace.army.mil:80/current	US Army Corps of Eng (Pittsburgh PA)
http://www.kayaker.com/perception	Perception home page
http://www.nowr.org	National Organization of WW Rodeos
http://mohawk.ll.mit.edu	NE River Forecast Center
gopher://wx.atmos.uiuc.edu:70/11/states	River gauges & weather
74744.2350@compuserve.com	FutaFund for Futaleufu river
NantOutCen@aol.com	Nantahala Outdoor Center
hennesy@cceb.med.upenn.edu	Philadelphia Canoe Club newsletter editor
Wghy78a@prodigy.com	Garden State Canoe Club newsletter editor
azagofsky@aol.com	Lehigh Valley Canoe Club newsletter editor
DLnox@SoftSense-inc.com	Kayak and Canoe Club of NY newsletter editor

Members Mutual Agreement For Protection From Liability

Welcome to the river. In the interest of permitting the Kayak and Canoe Club of New York (the "Club") to exist and to serve the paddling community without fear of liability, I ask you to join in this contract. The first part is for you to acknowledge that you understand the risks involved in this activity. The second part is a release from liability.

ASSUMPTION OF RISK

I _____ understand and accept the following acts of life on a body of water: that paddling in watercraft exposes me to many hazards. No one but myself is responsible for judging my qualifications for my safety when I choose to challenge my capabilities by boating on particular body of water, or a particular rapid. I may assist my fellow paddlers to the best of my own ability if they appear to need such assistance, but only so long as I can do so, in my judgment, without significant danger to myself. I further understand that this does not imply any legal duty for me to do so, nor for any one else to render such assistance to me. Some of the dangers and risks which may be present or occur include, but are not limited to, the following:

- 1) The hazards of traveling in a watercraft in varying water conditions.
- 2) Hazards including boulders, trees and other obstacles, waterfalls, holes, reversals and other water formations.
- 3) Swimming/floating in unfamiliar and sometimes turbulent water.
- 4) Using paddles, ropes and other paddling equipment.
- 5) Hiking or walking in rugged terrain, including slippery rocks.
- 6) Injuries inflicted by animals, insects, reptiles or plants.
- 7) Accidents or illness in remote places without medical facilities.
- 8) Man-made objects in the water including, but not limited to, ropes, bridge pilings, broken dams and metal debris.
- 9) Carrying watercraft and other paddling equipment.
- 10) The forces of nature, including lightning, weather changes, water level changes, and others not named.
- 11) The physical exertion associated with paddling and swimming and carrying watercraft on land.
- 12) Travel in a vehicle driven by other persons.

RELEASE FROM LIABILITY

Now therefore, intending to be legally bound, I hereby waive, for myself and for anyone else claiming through me, my right to sue the Club, it's members, trip coordinators or any of my fellow paddlers for any injuries to my person or my equipment which may occur during, in preparation for or in transit to or from a Club outing. The waiver applies to any negligent act or omission and to any intentional act intended to promote my safety or well-being.

I am solely responsible for deciding whether to participate in or to continue on any water trip. I assume these risks and understand my responsibility in decision making. My waiver has no expiration date.

Participant's Signature

Participant's Printed Name

Date

Phone numbers for river flow information

- AMC Hotline, CT	203-583-6978	
- Boating Info Line	212-260-7909	24 hr. voice mail boating information
- Black River, NY	315-788-2297	Adirondack River Outfitters
- Cheat River, WV	412-644-2890	USGS
- Cranberry River, WV	304-529-5127	WV Hyrdology
- Delaware River Basin	215-656-6931	U.S. Army Corp. of Engineers, Phili PA
	717-729-7134	(winter)
- Deerfield River, CT	413-625-8414	
- Elk River, WV	304-529-5127	WV Hydrology
- Farmington River, CT	203-379-1448	Bark Hamstead (lower section)
	203-658-4442	New Boston
- French Broad, NC	800-238-2264	Newport Gauge (TVA)
- Gauley River, WV	304-872-5809	Corps. of Engineers
- Housatonic River, CT	203-824-7861	
- Hudson River, NY	518-869-6347	
- Kennebec River, ME	800-371-7774	
- Lackawaxen River, PA	717-226-3702	P.A. Power & Light, Honesdale PA
- Laurel Fork, WV	412-644-2890	USGS
- Lehigh River, PA	717-427-8161	State Park Rangers Office (between 8:00AM - 4:00PM)
	215-656-6931	U.S. Army Corp. of Engineers, Phili PA
- Meadow, WV	304-529-5127	WV Hydrology
- Mongaup River, NY	914-577-2911	
- Moose/Sacandaga, NY	518-465-2016	
- Nantahala, NC	704-321-4504	
- National Weather Service	800-431-4721	Mt. Holley, NJ - lots of river gauges
- New England Rivers	508-824-3579	
- New River, WV	304-466-0156	Corps. of Engineers
- Nolichucky, NC	800-238-2264	TVA
- Ocoee River, TN	800-238-2264	TVA
	615-338-5761	Power Plant #2
- Pittsburgh River Gauges	412-262-5290	Recorded message
- Shavers Fork, VA	412-644-2890	USGS
- Stony River, VA	703-260-0305	USGS
- Tellico River, TN	625-253-7951	USGS
- Tohickon River, PA	215-297-5090	
- Tygart River, VA	412-644-2890	USGS
- Yough River, PA	814-533-8911	Upper Yough
	814-395-3166	Yough Dam Recreation Information
- Watauga, NC	800-238-2264	Sugar Grove (TVA)
- West River, PA	802-874-5681	

Please note that some of these phone numbers are commercial businesses, while others are state agencies, please be courteous to them on the phone! KCCNY is not responsible for the accuracy of these phone numbers, this information comes from many sources, if there any corrections, please notify us as soon as possible.

Ending Notes

by Dan Lenox

This was a wierd June this year, I found myself just kinda walking around in a stupor for the first week, when it hit me.... I hadn't gotten my dose of the Esopus, KCCNY race, KCCNY auction and that wonderful beer that had bee provided by the Woodstock Brewery for the auction.

As Mat had outlined in his column it just wasn't meant to happen this time, the best laid plans of mice and men I guess.

I would like to thank those that sent me contributions for the auction, if you want it back just contact me, otherwise I will hold on to them for next year's auction.

Over the past few months I have set up my own network server and now am pleased to announce a new email address:

dlenox@SoftSense-inc.com

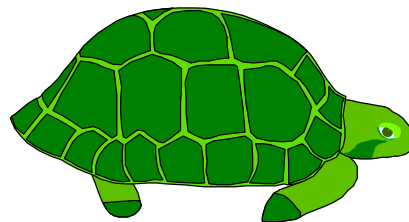
I have registered this name with the Internic and it will be my permanent email address. Please be sure to update your email lists.

Diane and I released our pet snapping turtle last month. He had gotten pretty big over the winter, and it just seemed the right time to let him go. So we brought him to a large pond that is way out of the way in Sussex county. It is a privately owned lake so there is no boat traffic, and there is only a small, seldom used road nearby so cars hopefully won't be a problem either. It was kinda sad though, and as we released him I thought about humming the tune "Born Free", but then thought better of it. Since that time Diane has gotten us another Ferret, it seems that one underfoot just was not enough...

On another note I had sent my Surf squirt boat out to New Wave to get the seams redone, and they did their usual fantastic job. Also the same day I got back my spare paddle which I sent to Kurt Roller to refinish it. Kurt does beautiful work, and it looks better now than when I first bought it. If any of you have a wood paddle that is broken or needs to be refinished I would highly recommend Kurt, just drop me a line and I will give you his phone number.

Best of luck goes out to Phyllis Horowitz-McLane. Phyllis in the past has dedicated quite a bit of time to this organization in numerous capacities, from newsletter to Race chairperson. If you feel that you can lend a hand in this vacant job, just call anybody on the KCCNY Executive Board and discuss it with them, your ongoing assistance is what makes this club work!

You may have noticed how this is a pretty short issue, well you can tell by the content just how many people sent in trip reports, and other articles of interest. Better luck next issueI hope!



KCCNY
Daniel Lenox
233 Prospect Point Rd.
Lake Hopatcong, NJ 07849

**Have you visited the
KCCNY Web Page???**

<http://www.eclipse.net/~mgiltner/kccny.html>