

# ❖ KCCNY Newsletter ❖

The Newsletter of the Kayak and Canoe Club of New York

Volume XXXV Issue 3

July 1995

## 1995 Executive Committee

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<b>Pool Sessions</b>	<i>Charles Peterson</i>

## I Think We're in the Right Place, Could This Possibly be the KCCNY Slalom?

By Phyllis Horowitz-McLane

The KCCNY Esopus Slalom took on a new face for 1995. It wasn't planned that way. It just happened. And it was great!

What prompted the change in format was the low number of competitors who turned out for the event — 32 — about half the usual field! Why? Who knows? Scheduling conflicts in some cases. We won't know until next year whether it was a fluke of the beginning of a trend.

Anyway, our ambitious, fun-driven Course Designer John Kazimierczk of Millbrook Boats pointed out early Saturday during the practice runs that with half the number of racers we'd have plenty of time for both race runs on Saturday. He then devilishly suggested that he would be more than willing to change the course late Saturday afternoon so that we could hold a second, separate full race on Sunday. Two races for the price of one, such a deal! Needless to say, no one had any problems with this idea — it was too good to be true. However, this is why you will see two sets of results on pages 5 and 6.

Mathew Giltner, on board as Race Co-Chairman for the first time, proved to be an excellent addition to the crew. Besides being the driving force behind course construction on Friday, his astute observations added that certain Giltner touch to the awards ceremonies. Take, for example, his pointed reference to the "Cruising Women's Class" or the quick analytical powers necessary to point out that Dennis McLanes kayak times were approximately half those of his C-2 runs with Catherine Charuk!

*(Continued on page 4)*

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*Please send all changes of address or phone numbers to the membership chairperson and NOT to the editor of the newsletter!*

## Newsletter Submissions

This is **your** newsletter, the quality of each issue may be dependent upon submissions by the members of KCCNY. Articles should be submitted prior to the deadline that is established for the next issue, and each submission should be separate, and typed or legibly hand written.

For those who have access to computers, articles may also be submitted on a DOS formatted floppy disk (either 5 1/4" or 3 1/2"). Many word processor file formats are supported, please contact me to see if yours is, or supply a plain ASCII text file if in doubt. I can also receive articles via email, my address is DLenox@aol.com

We now have the capability to digitally scan pictures that you may want published. For photo submissions the picture should be no larger than 5 X 7, they may be color, but black and white pictures may reproduce better.

Send all articles and/or pictures to newsletter editor. If you want the picture and/or floppy disk to be returned, please include a self addressed, stamped envelope.

## Thank You

**by Miriam Alexander**

On behalf of our entire family, I want to extend my sincere appreciation for the kindness and compassion shown to us with the loss of Ed. It is indeed gratifying to know that there is an extended KCCNY family.

I was overwhelmed by the number of people that attended his funeral, that came to visit me and that called or wrote. Desi Desvernine's "Memories of Ed Alexander", and Daniel Lenox's "Ending Notes" in the May 1995 KCCNY Newsletter were beautiful.

I was lucky to have him for 44 years. He almost died 8 years ago, so those last 8 years were indeed a blessing. He was a good person who contributed much to his family, his country, KCCNY and the conservation community. He lived his 73 years to the fullest extent.

Thank you all so much.

Miriam Alexander

*Editors Note:*

*Miriam went on to say in her letter to me that she had been signed up on Tom Gustainis's Grand Canyon Trip later on this year. As Miriam said, "Nothing like returning to the river on the 'big' one!"*

For those of you who would like to, please make a contribution in Ed Alexander's name to:

**LOCAL chapter of the Heart Association**

**LOCAL Temple for planting a tree in Israel**

Please do not contribute to a national organization, Miriam feels that the money would be swallowed up by red tape.

# **If I Had My Life to Live Over**

## **From The Journal of Humanistic Psychology**

*If I had my life to live over, I'd try  
to make more mistakes next time.  
I would relax, I would limber up,  
I would be crazier than I've been on this  
trip. I know very few things I'd take  
seriously any more. I would take more chances,  
I would take more trips, I would scale  
more mountains, I would swim more rivers,  
and I would watch more sunsets. I would eat  
more ice cream and fewer beans.*

*I would have more actual troubles  
and fewer imaginary ones. You see...  
I was one of those people who lived  
prophylactically and sensibly and sanely,  
hour after hour and day after day.  
Oh, I've had my moments  
and if I had to do it all over  
again, I'd have many more of them.  
In fact, I'd try not to have anything else,  
just moments, one after another,  
instead of living so many years ahead of my day.*

*I've been one of those people  
who never went anywhere without  
a thermometer, a hot water bottle,  
a gargle, a raincoat, and a parachute.  
If I had it to do all over again,  
I'd travel lighter, much lighter than I have.  
I would start barefoot earlier in the Spring,  
and I'd stay that way later in the Fall.  
And I would ride more merry-go-rounds,  
and catch more gold rings, and greet more  
people, and pick more flowers,  
and dance more often.*

*If I had it to do all over again.  
But you see, I don't.*

*This was written by an 82 year old man, dying and  
accepting death. Maybe we can learn some things  
from his experiences...*

## Business Card Section

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If you would like to have your business card in the newsletter, contact Bill Holt at 201-447-5661 for pricing!

## Cabin Available for Tohickon

Joan Most again has reserved a cabin for the November release of the Tohickon River. The estimated cost is somewhere around \$25 for 2 nights, depending on the number of people.

The reservations are on a first-come, first-served basis and must be paid for in advance

All of you that are interested in staying in the cabin should contact Joan as soon as possible at:

800-846-9520 (days)  
201-471-3129 (evenings)

## Esopus Slalom (cont.)

Not having any of the traditional KCCNY Clean Run Leis on hand this year, Mathew was also quick to reward such feats of paddling prowess with a hunk of bubblegum (unchewed).

And the fun didn't stop at the race course. Auctioneer supreme, Dr. Dan Lenox, conducted yet another entertaining, yet profitable, event back at the campground. Of course, his job was made considerable easier by the free-flowing fluids generously donated by Woodstock Brewing Company, the Race's recent sponsor. Bibmeister Catherine Charuk can be thanked for procuring the two quarter kegs for us. They certainly assure a big turnout.

I'm sure Dan will be providing other details on the Auction in a separate article. But I'd like to make a little observation here. We owe Dan for coming up with this annual tradition. And not just for the money it raises for KCCNY. It provides race weekend the fun party atmosphere and opportunity to socialize glaringly absent since the Friday Night Picnic was forced to disband a few years back. Thanks Dan.

Well, we've thanked Mathew and we've thanked Catherine and we've thanked Dan and we've thanked Kaz. Who have we missed? There's Dennis McLane, whose telephone system operated without a single hitch this year. There's the ever expanding Registration Team of Ralph Johns, Terry Pearson and young Kent. There's Jim Raleigh and Pierre deRham, who have so much fun with their timing toys that they don't even realize they're working. There's Nancy Green, who not only designed but helped sell T-shirts this year. And, of course, there's all the folks who came to help set up on Friday and all the racers who smoothly filled all the work spots despite their limited numbers. We couldn't do it without you!

Okay, that's about it for the race. Except the T-shirts. If you couldn't make it up for the weekend and would like yet another typically cool and colorful Nancy Green design to add to your collection, give me a call at (914) 688-5569. They're \$10.00 each plus postage, 100% cotton and available in medium, large and extra-large. Thanks

# KCCNY Esopus Slalom Results - Race 1 (Saturday)

<u>Class</u>	<u>Racer</u>	<u>Better Time</u>
C-1 A/B	John Kazimierczyk	128.5 (clean)
C-1 C/D	Bob Connolly	190.3
	Tom Milokovch	210.0
	Ray Ingram	212.2
C-1 Master	Bill Kelly	154.8
C-1 Women	Abby Kingman	188.8
C-2 Mixed	Bill Kelly/Abby Kingman	149.8
	Keoppe/Keoppe	216.2
	Dennis McLane/Catherine Charuk	473.7
K-1 C/D	Mark Leonard	161.1
	Chris Carter	162.3 (other run clean)
K-1 Junior	Andy Clarke	219.2
	M. Roan	267.3
K-1 Master	Dave Kurtz	154.4 (clean)
	Dan Bowler	185.6
	Greg Bertrand	195.6
	Ralph Johns	235.5
K-1 Women	Lee DeWolski	148.6 (clean)
K-1 Cruising (plastic)	Dennis McLane	190.7
	Vance Condie	233.7
	Greg Bertrand	247.3
	Bill Thomas	410.0
K-1 Cruising Women (plastic)	Jackie Condie	450.9
	Joan Most	695.9
K-1 Cruising Master	Dana Castro	164.1
	Monte Smith	190.6
	Ed Hanrahan	264.8

# KCCNY Esopus Slalom Results - Race 2 (Sunday)

## The Ed Alexander Memorial/Millbrook Cup

<u>Class</u>	<u>Racer</u>	<u>Better Time</u>
C-1 A/B	John Kazimierczyk	130.2 (clean)
C-1 C/D	Ray Ingram Bob Connolly	176.8 220.1
C-1 Master	Bill Kelly	164.6
C-1 Women	Abby Kingman	173.9
C-2 Mixed	Bill Kelly/Abby Kingman Keoppe/Keoppe Dennis McLane/Catherine Charuk	166.0 182.8 373.9
K-1 C/D	Mark Leonard Chris Carter	157.8 187.1
K-1 Junior	Andy Clarke M. Roan	170.9 246.5
K-1 Master	Dave Kurtz Ralph Johns	166.1 (clean) 170.9
K-1 Women	Lee DeWolski	148.2 (2 clean runs)
K-1 Cruising (plastic)	Vance Condie Dennis McLane Ed Hanrahan Bill Thomas	198.6 220.0 223.0 425.2
K-1 Cruising Women (plastic)	Jackie Condie Ann Cali	330.1 568.5

## River Festivals Canceled

This summer boating season may be off to a rocky start in the North Eastern United States. The Kennebeck and Deerfield river festivals that were begun last year by the AWA have been canceled this year, due to a lack of available water. For further information contact American Whitewater Association.

## Safety Weekend by Don Belcher

The KCCNY safety weekend is upon us (perhaps past us by the time this newsletter reaches you). IF the reservoir feeding the Esopus Creek in Phoenicia, NY has enough water for us to paddle, that is. We try to hold the safety weekend in July (July 8/9 this year) to provide warm weather for playing on the creek and practicing safety techniques. If you missed this year's session, (and I apologize for not giving advance notice) keep it in mind for next summer. Also, if the July release on the Esopus is canceled, I will reschedule the safety weekend, so give me a call and express your interest.

One of the most important factors in whitewater paddling safety is paddling with a group of other boaters and keeping an eye out for each other. While most boater's recognize this, and would never paddle a river alone, we sometimes fail to observe it completely while we're playing on the river. You may have found yourself racing to catch up to your group after surfing a wave, or joining the group in an eddy and realizing one paddler was still behind that last bend in the river.

One mistake beginning paddlers often make is to wait for everyone else to run a rapid while they get up their nerve to run. Usually the paddlers downstream of you cannot come to your assistance if you get stuck part way through the rapid. With a more experienced paddler behind you, they can grab an eddy to help you. Experienced paddlers will usually recognize this tendency to hold back and urge you to run through ahead of them.

A special case of isolation may occur during a rescue situation. Usually all attention is on the paddler in trouble, and the group may fail to notice if someone else gets in trouble. As an example, suppose someone flips in the middle of a rapid and winds up swimming. Several paddlers may go to the aid of the swimmer, and perhaps some will be trying to retrieve his/her paddle or push the boat to shore. Now any paddler still upstream should be aware that a second swimmer may go unnoticed. If you're not involved in the rescue, take a safe route or paddle into and eddy, and check that all the others in your group are also safe. If you are involved in the rescue, maintain your watch (the old corner of the eye trick) for river hazards or another paddler in trouble.

Eddy-hopping a rapid can serve a dual purpose in paddling safety. In addition to letting you scout the rapid ahead of you, it also allows you to check the progress of other paddlers and prevent the group from getting too spread out. When you finish surfing a wave or hole, don't race ahead without checking to see that someone remains in the vicinity of the last person surfing. Even expert paddlers can run into unexpected trouble, and keeping your attention on the paddlers around you is the best way to assure that your group has all the fun you came to the river for.

I hope you have or will come to our safety weekend to learn or hone your rescue techniques, and to play with us on the beautiful

## In Honor of Ed Alexander

by Ann Cali-Hanrahan

The recent passing of Ed Alexander has reminded many of us of the many ways he has impacted on us and our club. In an effort to honor him for his many contributions to KCCNY, the Executive Board has formed a committee to solicit suggestions and establish some type of an ongoing award in his memory. Any suggestions would be greatly appreciated. Please send them to :

Ann Cali-Hanrahan,  
Chairperson  
The Ed Alexander  
Memorial Committee  
179 Smull Ave.  
West Caldwell, NJ 07006

or call at 201-226-4582

Please contact me or any of the following committee members with any ideas which you may have;

Desi Desvernine  
Charles Peterson  
Ralph Johns

# 1995 Cruising Calendar

Even if a trip is not listed as instructional, it can be! Keep your eyes open. Is there some one who looks good paddling, do their moves look easy and smooth? Watch them and see why, and by all means **ASK** for some tips. This can be a great opportunity to not only get some "inside information" but also a way to make some friends. You will find that most people are very willing to help or give assistance...

Thanks to all those that have already signed up to coordinate a trip! We still need many more trips to make it a great 1995 Cruising Calendar. If you can coordinate a trip or other activity (ie: Party, Play Spots, Deerfield, West...), please give Alan Tindle a call at 1-212-228-6249

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
7/1 - 7/4	I-A	III-IV	Black and Ottawa Rivers	(717) 629-5533 Ken Sanders
7/8	N-I	II-III	Mongaup River	(914) 472-5882 Rell & Bill Hladsky
7/8 - 7/9	N-I	II-III	Esopus	????
7/8 - 7/9	<b>ALL</b>		<b>Esopus Safety Clinic</b>	????
7/8 - 7/9	I-A	III-IV	Deerfield River Monroe Bridge section	(201) 663-5227 Nancy Sklavos
7/15 - 7/16	N-I	II	Delaware River	(201) 653-7739 Nancy Green
7/15 - 7/16	I-A	III-IV	Deerfield River Monroe Bridge section	(201) 471-3129 Joan Most
7/21	A	IV	Upper Yough raft & kayak	(717) 629-5533 Ken Sanders
7/22	<b>ALL</b>		<b>Boat Outfitting Party</b> <b>Must RSVP by July 14!</b>	(201) 663-1364 Dan & Diane Lenox
7/22	I-A	III-IV	Deerfield River Monroe Bridge section	????
7/23	N-I	II-III	Mongaup River	????
7/29 - 7/30	N-I	II-III	Scudders Falls or Mongaup wave Advanced strokes for the intermediate paddler	(201) 226-4582 Ed Hanrahan & Ann Cali
7/30	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 781-7080 Bill Thomas
8/5	N-I	II-III	Mongaup River	????
8/5 - 8/6	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 334-0824 Jon Gelman
8/11 - 8/12	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 678-0863 Vance & Jackie Condie

# 1995 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
8/17 - 8/21	I-A	III-IV	Ottawa River	(215) 847-8530 Pat Samodio & Michele Anastasi
8/19 - 8/20	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 228-6249 Alan Tindell
8/19 - 8/20	N-I	II-III	Deerfield River Zoar Gap Section	(914) 565-1977 Jeanne Murtagh
8/20	N-I	II-III	Mongaup River	????
8/26 - 8/27	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 781-7080 Bill Thomas
9/1 - 9/4	I-A	III-IV	Kennebec/Penobscot	????
9/2	N-I	II-III	Mongaup River	????
9/3	I-A	III-IV	Deerfield River Monroe Bridge section	????
9/8 - 9/11			Gauley River	????
9/9 - 9/10	I-A	III-IV	Hudson River Gorge	(914) 896-0373 Paul Epstein
9/9 - 9/11	A	III-IV	Gauley River raft/kayak overnight trip-includes camping, food shuttle service	(717) 629-5533 Ken Sanders
9/15 - 9/18	A	IV	Gauley River	(201) 444-7548 Joe Hanerfeld
9/16 - 9/17	N-I	II-III	Esopus	(718) 798-5442 Andrew Laiosa
9/16	N-I	II-III	Lehigh River	(516) 483-1355 Dennis McComb
9/17	N-I	II-III	Mongaup River	????
9/23-24	I	III-IV	West River	????
9/23	<b>ALL</b>		<b>Gauley Festival</b>	
9/29 - 10/2			Gauley River	????
9/29	I-A	III-IV	Deerfield River Monroe Bridge section	????
9/30 - 10/1	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 861-1556 Marc Silverman
9/30	N-I	II-III	Mongaup River	????

# 1995 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
9/30 - 10/1	N-I	II-III	Esopus	(718) 798-5442 Andrew Laiosa
10/7	N-I	II-III	Lehigh	(201) 807-1823 Brian Germain
10/7	I-A	III-IV	Deerfield River Monroe Bridge section	????
10/7 - 10/8	A	IV-V	Bottom Moose	(518) 674-5519 Pete Skinner
10/14 - 10/15	A	IV-V	Bottom Moose	(518) 674-5519 Pete Skinner
10/15	N-I	II-III	Mongaup River	????
10/21	N-I	II-III	Lehigh River	(908) 273-6570 Dan Krupka
10/21 - 10/22	A	III-IV	Pocono or Catskill area	(212) 334-0824 Jon Gellman
10/28	N-I	II-III	Mongaup River	????
11/11 - 11/19	A	IV-V	Costa Rica two simultaneous trips one week each, exact dates to be determined	(717) 629-5533 Ken Sanders
11/18	<b>ALL</b>		<b>Annual Dinner</b>	????

- Alan Tindell (212) 228-6249 - Ocean Surfing (If you live near the ocean and see that there is a swell please call.)

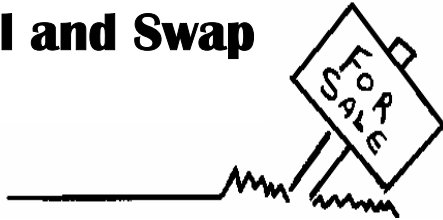
- Dan Lenox (201) 663-1364 - Black River, NY (all summer)

### \*\*\*OTHER NOTES\*\*\*

- Pete Sholander (404) 355-2289 - Pete lives down in Atlanta, Georgia. If you're in the area he may be able to boat with you or perhaps hook you up with some other boaters!

- Laura Helfman (704) 452-7798 has moved to North Carolina and is working Summers at NOC. If you're in the area she may be able to boat with you or perhaps hook you up with some other boaters!

## Buy, Sell and Swap



### FOR SALE

New Wave Vampire squirt boat, built in 1993 with significant improvements done to new boat, too many to mention (not done as repairs). Will handle paddlers up to about 190 lbs. Black with red seam stripe and grab loops. First \$550 takes it!

Call Dana Castro at 203-740-8633

### WANTED

Used dry top, size large

Call Lori Kahn at 212-779-4573

### WANTED

Low volume squirt boat for a paddler around 135 lbs, and 30" inseam

Call Steve Pietrucha at 201-729-3211

### FOR SALE

Used Sleek & Cruise Control kayaks  
Call for price!

Call Gordon Trinkler 908-688-1704

### FOR SALE

(1) Mongoose kayak and  
(2) Aquaterra Spectrum sea kayaks fully outfitted, call for price!

Call Dave Artman at 201-740-2311

# ADVENTURE EQUIPMENT

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## Welcome New Members

### JEFF & CATHY BAKER

RR1. Box 306  
Shultzhill Rd.  
Staatsburg, NY 12580  
914-876-3281 (H)  
914-451-4962 (W)

### LOUIS HINMAN

500 W. 111 St., Apt 1-D  
New York, NY 10025  
212-866-1421 (H)  
212-309-6991 (W)

### WALTER LEVY

37 Chelsea Way  
Bridgewater, NJ 08807  
908-704-1801 (H)  
212-657-3093 (W)

## Change of Address

### KEN FISCHMAN & LANIE JOHNSON

PO Box 6025  
Englewood, CO 80155

### ROB HARTMAN

4195 Ryerson Rd.  
Twin Lake, MI 49457

### KENT OWEN

44 Center Grove Rd., L-44  
Randolph, NJ 07869  
201-442-9369 (H)  
201-476-4350 (W)

### STEVE WEBER

18 Cedar Tree Trail  
Sussex, NJ 07461  
201-875-7150

Cold Brook Add

Campmor add

Ramsey outdoor add goes here

## **Free Private Boater Shuttle on the Nantahala River**

Nantahala River Outfitters (NOC) will be offering FREE private boater shuttles on the Nantahala River this Summer and Fall. The shuttle leaves from the rentals building (on river left near Slow Joe's Cafe). The schedule varies by day of the week and time of the year, so your best bet is to call the NOC at 704-488-2175 before your trip for the current schedule. The shuttle will be in operation through October.

# KCCNY June Conservation Newsletter Submission by Doug Feick

Conservation Brief: 1994  
Mongaup River Report

Orange and Rockland (O&R) released their 1994 "Rio Project Recreational Usage Report" for the Mongaup early on May. An annual license requirement through this year, it monitors Mongaup River activities in 5 areas, quantified recreational uses, a discussion of the adequacy of the timing of the flow releases, project recreational facilities, operational impacts on public safety, and evidence of agency consultation.

The O&R report began by looking at the numbers generated by the traffic counter going into the boat launch parking area by the generator house. There were 422 'trips' during the course of the season. This can be compared to 1992 when there were 102 'trips'. Allowing for multiple trips and car pooling, O&R estimates that 800 people paddled the Mongaup during the year. Their estimate for 1993 was 700. O&R reports that usage of the sign in sheet was sporadic, not useful as an estimate of the number of people using the river.

Going on, looking at the other recreational usage in the area, O&R introduced a regional fishing census (Kelly, 1978) as representative of current fishing usage. I have responded to this by pointing out that old studies aren't good indicators of current patterns.

This is particularly important because the 1978 study was essentially a fish population, water quality study that might be improperly used as a benchmark against which the impact of boating activities can be measured.

Finally, the report puts forth the

following statement: "there were no reported accidents involving whitewater boaters on the Mongaup River during the 1994 season". While this is not a surprise from our perspective, it does serve to remind us that we continue to be safe boaters.

Which leads me to recapping safety testing on the Mongaup:

In March of last year FERC, the Federal Energy Regulatory Commission, issued an order directing O&R to file a plan to perform additional testing of the effects of two turbine releases on recreation and safety. After requesting an extension, on July 14, 1995 O&R filed the Whitewater Release Testing Plan. The National Park Service, NPS, at that point need to grant O&R a Delaware permit in order to perform the tests. They did not. In a letter, the NPS denied permission for the two turbine testing release. This past winter FERC, in the face of the NPS response to the situation, has requested the incident reports for the Mongaup Section of the Delaware from the NPS.

This is the current situation. I have responded to FERC reminding them that most of the 'Mongaup' section of the Delaware covered by the NPS incident reports has little to do with the confluence area under consideration, and offering KCCNY's support of un-biased fact finding.

This saga will continue. Stay tuned.

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CALL FOR IDEAS

It's that time of year again, we're all out boating- everywhere. I'd

like to ask everyone to keep their eyes open and spend some time this summer thinking about how KCCNY should spend their conservation dollars. There is, as always, a lot of need out there.

In the past KCCNY has supported- American Whitewater Association, New York Rivers United, Passaic River Coalition, and National Resources Defense Coalition. For this year, although I am of a mind to continue pretty much as we have in the past, I would like to establish a forum for new ideas and issues so that we are able to remain responsive to new situations.

This Fall, at the Esopus release, the KCCNY Executive Committee Meeting and Potluck Supper will take place in the Catskills. As it's one of our best attended meetings, We will take up the issue of how we should spend the conservation dollars we allocated at the annual dinner last fall. So be there, call me, write me, send me an e-mail- if you have any other suggestions and I get it on the agenda (email address is: [dgf6@columbia.edu](mailto:dgf6@columbia.edu)).

As a reminder, I'll recap how the conservation dollars were spent in 1994. We donated the following on February 10, 1994:

AWA \$400  
River Access Project

NYRU \$800  
Laser printer

NRDC \$70  
James Bay Fund

PRC \$70  
General Operating

*(Continued on page 15)*

## Conservation (cont.)

While the amount of money available this year is somewhat less than last, the exact amount will be established once membership and auction results are in, this will help refresh everyone's memory.

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### KCCNY Membership Check-off

KCCNY members are to be congratulated, the current total of extra conservation dollars collected with membership stands at a point well above last year's total of \$180.00. As of late May Helen has received over \$280.00 from Pierre's renewals. My belief is that this money should be kept together as a pool, and donated to a single organization in recognition for their outstanding contributions toward river access, advocacy or relicensing work in the North East. If anyone has any specific ideas as to naming this fund, organizations that should be considered, or who wishes to make additional

## Ending Notes by Dan Lenox

This years KCCNY Auction proved to be another success. The amount of money that was raised for conservation purposes for KCCNY totaled over \$250. There was over \$1200 worth of items sold this year. I would like to take this time to thank all of those that brought merchandise either as donations or consignment sales. I would also like to thank Phyllis and Dennis for the use of their back yard in which we have used for the past few years for just this purpose. By the way Phyllis where is the blender that you wanted me to auction off???

The libations were provided not only by Woodstock Brewing, but also Bill Holt who generously donated a cooler full of 'kayak juice'. Say Bill, isn't it about time that you washed that cooler out? But, hey that might just spoil the brew....

On another note, Diane and I have decided to throw another in the series of boat outfitting parties. It will be held at our house in Lake Hopatcong, New Jersey, on July 22. You should contact me or Diane at (201) 663-1364 to RSVP by July 12, so that we can get a head count. As usual you should also bring your paddling gear in case we decide to hit the lake. Also be sure to bring the following items if you are to outfit your boat:

Sandpaper (40 and 100 grit)  
Knife with serrated blade  
Minicell foam

Contact me if you would like to bring food or whatever, salads, chips and dips, and non-alcoholic beverages would be a help. I will barbecue burgers and such and provide a keg of beer, and of course the tequila!

## World Wide Web & Email Addresses

The following are some www site and email addresses that I have come across. Please contact me if you

<a href="http://www.rahul.net/fallside/awa.html">www.rahul.net/fallside/awa.html</a>	American Whitewater Association home page
<a href="http://world.std.com/~reichert/aca.html">world.std.com/~reichert/aca.html</a>	American Canoe Association home page
<a href="http://www.starwave.com/outside">www.starwave.com/outside</a>	Canoe & Kayak / Outside Magazines
<a href="http://www.igc.apc.org/green/green.html">www.igc.apc.org/green/green.html</a>	Global Rivers Environmental Education Network
<a href="http://www.halcyon.com:80/wtr/tn/n/napsa.html">www.halcyon.com:80/wtr/tn/n/napsa.html</a>	North American Paddlesports Association
<a href="http://www.pitt.edu/~suthers/trpc">www.pitt.edu/~suthers/trpc</a>	Three Rivers Paddling Club home page
<a href="mailto:74744.2350@compuserve.com">74744.2350@compuserve.com</a>	FutaFund for Futaleufu river
<a href="mailto:NantOutCen@aol.com">NantOutCen@aol.com</a>	Nantahala Outdoor Center
<a href="mailto:hennesy@cceb.med.upenn.edu">hennesy@cceb.med.upenn.edu</a>	Philadelphia Canoe Club newsletter editor
<a href="mailto:Wghy78a@prodigy.com">Wghy78a@prodigy.com</a>	Garden State Canoe Club newsletter editor
<a href="mailto:azagofsky@aol.com">azagofsky@aol.com</a>	Lehigh Valley Canoe Club newsletter editor
<a href="mailto:lscd@redzone.com">lscd@redzone.com</a>	Three Rivers Paddling Club newsletter editor
<a href="mailto:DLenox@aol.com">DLenox@aol.com</a>	Kayak and Canoe Club of New York newsletter editor

# Proposed Release Dates for Various Rivers

Deerfield River release schedule: Monroe Bridge section

900-1100 cfs starts at 10:00

July 8-9,15-16,22,30

August 5-6,11-12,19-20,26-27

September 3,16-17,29-30

October 1,7

Deerfield River release schedule: Zoar Gap section

700 cfs minimum starts between 9:30 and 12:00

July 5-9,15-16,19-22,26-30

August 3-6,10-13,17-20,24-27,31

September 1-3,7-10,16-17,21-22,27-30

Releases for Monroe Bridge section on the dates of: 6/25, 7/22, 8/11, 8/20, 9/16, & 10/7 are tentative. Final schedule to be set by March.

Lehigh River release schedule (dates are tentative)

September 16

October 7,21

Mongaup River release schedule

All releases are from 10:00-2:00 except May 13 is 10:00-4:00

July 8,23

August 5,20

September 2,17,30

October 15,28

Dead River (proposed) release schedule

SAT July 1 1300 cfs

SUN July 2 1800 cfs

SAT July 15 1300 cfs

SUN July 16 2400 cfs

SAT July 29 1000 cfs

SAT August 12 1800 cfs

SUN August 13 2400 cfs

SAT September 2 1300 cfs

SUN September 3 5500 cfs

SAT September 16 1800 cfs

SUN October 8 4500-

6000 cfs

Please be aware that Central Maine Power Co. has provided a public parking area and takeout for Dead River boaters. It is adjacent to the Magic Falls Rafting Co. base camp in the West Forks.

The facility is located on old Route 201 at the base of Durgin Hill and will be operated with a parking fee. Use of this facility is encouraged, to alleviate conflicts with regular traffic or private property owners in the area.

We hope you enjoy these recreational opportunities in a safe manor. Proposed releases are subject to change without notice, due to current availability of water and anticipated weather/water conditions.

Wesley E. Hallowell  
River Engineer

# KCCNY Trip Policy Statement

## General Policy

- A. Club outings are cooperative adventures among participants. The **group** is collectively responsible for the conduct of the outing and **each participant** is individually responsible for judging his or her qualifications and for his or her safety on the river. By participating in a Club outing, you release the Club, its members, trip coordinators and fellow paddlers, from any injuries due to any negligent act or omission or to any intentional act intended to promote your safety or well-being.

## River Hazards

- B. You must understand and accept that whitewater boating exposes you to various hazards, for example, boulders and other obstacles, strainers, undercut or entrapping formations, falls, holes, reversals and other water formations, changing conditions, cold, high water and other hazards, mostly in remote locations. Injuries and deaths occasionally occur due to these hazards, among other things. You are responsible for learning to recognize river hazards and learning and practicing the techniques for avoiding these hazards. You are also responsible for acquiring boating safety and rescue skills commensurate with the level of difficulty of the river you are paddling. One excellent source book is River Rescue by Bechdel and Ray, available at most outfitters. Don't endanger your life and the lives of others by trying to boat on water beyond your ability. Remember - most good paddlers develop by very gradually increasing the difficulty of rivers they run over a period of several years.

## River Decision Making

You are **solely** responsible for the following decisions at all times:

1. The decision to go on any trip.
2. The decision to put-in the selected river (which may not be the scheduled river) under conditions existing at the time of the put-in.
3. The decision as to what equipment to take with you.
4. The decision whether to scout any rapid.
5. The decision whether to run any rapid.
6. The decision on how to run any rapid.
7. The decision whether to participate in any rescue or recovery of any equipment.
8. The decision to pass up any walk-out or take-out opportunity.

## River Rescue

Trip participants usually assist each other when someone appears to need assistance, but only so long as they can do so, in their own judgment, without significant risk to themselves. Some participants may choose to accept greater hazards to rescue a fellow paddler. However, trip participants and the coordinator are under no **LEGAL** duty to assist anyone. In other words, while you are not legally obligated to assist anyone, no one is legally obligated to assist you either.

## Other Responsibilities of Participants

1. Telephoning the trip coordinator well in advance of the trip you are planning to go on.
2. Asking the trip coordinator about his or her training and experience, if these considerations are significant to you.
3. Informing the trip coordinator of your skills, experience, training and rivers run.
4. Not bringing unexpected guests to the trip.
5. Bringing appropriate equipment and making sure it is in good repair, specifically; life jacket, helmet, knife, whistle, throw bag, and extra clothing.
6. Observing good safety practices on the river.

## KCCNY Trip Policy Statement (cont.)

### F. About Your Trip Coordinator

Trip coordinators are volunteers and they receive no pay. Their functions are to get the group to the same river at the same time, to arrange the shuttle and to respond to inquiries to the best of their knowledge. However, your trip coordinator may never have run the scheduled river or may never have run the scheduled river under the conditions encountered on trip day. Indeed, the scheduled river may not be runnable on trip day, and the trip may be switched to an unfamiliar river on the spot.

### G.

#### Trip Coordinator Responsibilities

1. Finding a substitute coordinator if you are unable to go on the trip and notifying the Cruise Chairman of the change.
2. Familiarizing yourself with the put-in, take-out and shuttle on the scheduled river.
3. Determining the rendezvous place and time.
4. Responding to participant inquiries to the best of your knowledge about the river, your training and experience, and the participant's training and experience. You have the authority to refuse a particular participant on any reasonable grounds, but it is NOT your responsibility to

H. determine whether a participant is qualified for the trip.

#### Optional Group Responsibilities

The group may wish to consider the following suggestions. Which of these suggestions is adopted on the trip is solely a group decision and is not the responsibility of any particular person:

1. Obtain river stage or flow data.
2. Obtain a knowledge of the difficult parts of the run and emergency take-out routes.
3. Equipment: throw rope in each boat, duct tape, first aid kit, extra paddle, flashlight, fire-starter and matches, pruning or wire coil saw, survival suit, extra clothing, carabiners, prusik loops, map, guide book.
4. Keep group compact enough for communication, but not so compact as to interfere with each other.
5. Consider dividing a large group into smaller groups or having a "buddy boats",
6. For further information, consult River Rescue by Bechdel and Ray.

### I.

#### Instructional Trips

In this format, a person assumes the responsibilities of a trip leader. He or she may pass judgment on a participant's qualifications, check equipment and assume responsibility for the conduct of the trip, including the appointment of lead or sweep (rear guard) boats and other duties listed above as taken by the individual or the group as a whole. These trips must be clearly designated as 'Instructional Trips', as they could expose the leader to legal liability. Trip or personal liability

# Members Mutual Agreement For Protection From Liability

Welcome to the river. In the interest of permitting the Kayak and Canoe Club of New York (the "Club") to exist and to serve the paddling community without fear of liability, I ask you to join in this contract. The first part is for you to acknowledge that you understand the risks involved in this activity. The second part is a release from liability.

## ASSUMPTION OF RISK

I \_\_\_\_\_ understand and accept the following acts of life on a body of water: that paddling in watercraft exposes me to many hazards. No one but myself is responsible for judging my qualifications for my safety when I choose to challenge my capabilities by boating on particular body of water, or a particular rapid. I may assist my fellow paddlers to the best of my own ability if they appear to need such assistance, but only so long as I can do so, in my judgment, without significant danger to myself. I further understand that this does not imply any legal duty for me to do so, nor for any one else to render such assistance to me. Some of the dangers and risks which may be present or occur include, but are not limited to, the following:

- 1) The hazards of traveling in a watercraft in varying water conditions.
- 2) Hazards including boulders, trees and other obstacles, waterfalls, holes, reversals and other water formations.
- 3) Swimming/floating in unfamiliar and sometimes turbulent water.
- 4) Using paddles, ropes and other paddling equipment.
- 5) Hiking or walking in rugged terrain, including slippery rocks.
- 6) Injuries inflicted by animals, insects, reptiles or plants.
- 7) Accidents or illness in remote places without medical facilities.
- 8) Man-made objects in the water including, but not limited to, ropes, bridge pilings, broken dams and metal debris.
- 9) Carrying watercraft and other paddling equipment.
- 10) The forces of nature, including lightning, weather changes, water level changes, and others not named.
- 11) The physical exertion associated with paddling and swimming and carrying watercraft on
- 12) land.

Now therefore, intending to be legally bound, I hereby waive, for myself and for anyone else claiming through me, my right to sue the Club, its members, trip coordinators or any of my fellow paddlers for any injuries to my person or my equipment which may occur during, in preparation for or in transit to or from a Club outing. The waiver applies to any negligent act or omission and to any intentional act intended to promote my safety or well-being.

I am solely responsible for deciding whether to participate in or to continue on any water trip. I assume these risks and understand my responsibility in decision making. My waiver has no expiration date.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Participant's Printed Name

\_\_\_\_\_  
Date

**KGCNY  
Daniel Lenox  
233 Prospect Point Rd.  
Lake Hopatcong, NJ 07849**

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**Deadline for next  
newsletter:**

**September 8, 1995**