

❖ KCCNY Newsletter ❖

The Newsletter of the Kayak and Canoe Club of New York

Volume XXXV Issue 1

February 1995

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Pool Sessions	<i>Charles Peterson</i>

An Esopus River Update

By Doug Feick

As many of you already know there have been problems with water releases on the Esopus. The fall release was canceled. There was a DEC meeting on Oct. 11 that precipitated out some of the feelings fisherman and boaters have in sharing the river. Late in December I received a letter (dated December 9, 1994) to KCCNY from Robert Bendick, the Deputy Commissioner of the DEC. This letter points out some interesting things.

1) The "...use of water for domestic and municipal purposes shall have priority over all other purposes", the biology of the river is owned by the state and the state has the responsibility "to promote their natural propagation". (Paragraph 15-0105.5 and 15-0103.8 of the Environmental Conservation Law) This clearly defines the arena we are operating in."

2) The Shandaken release regulations of 1977 were "designed to 'smooth out' the transfer of water from the Schoharie Reservoir" ... and "to be more compatible with the aquatic populations". (R. Bendick, 1994) He uses this in a context that points out the small daily releases on the Esopus are set to benefit state property (the "fish") not an interest group (the "fisherman"), and that these releases are Fish and Wildlife protocols based on the need to preserve state property.

3) White water releases, up to four a year, are also provided for in Part 670 regulations which "memorialized periodic use of higher flows" (R. Bendick, 1994). This, along with monitoring, review and revision of the flow management scheme, writes

(Continued on page 3)

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Please send all changes of address or phone numbers to the membership chairperson and NOT to the editor of the newsletter!

Newsletter Submissions

This is **your** newsletter, the quality of each issue may be dependant upon submissions by the members of KCCNY. Articles should be submitted prior to the deadline that is established for the next issue, and each submission should be separate, and typed or legibly hand written.

For those who have access to computers, articles may also be submitted on a DOS formatted floppy disk (either 5 1/4" or 3 1/2"). Many word processor file formats are supported, please contact me to see if yours is, or supply a plain ASCII text file if in doubt. I can also receive articles via email, my address is DLenox@aol.com

We now have the capability to digitally scan pictures that you may want published. For photo submissions the picture should be no larger than 5 X 7, they may be color, but black and white pictures may reproduce better.

Send all articles and/or pictures to newsletter editor. If you want the picture and/or floppy disk to be returned, please include a self addressed, stamped envelope.

North Branch Releases

Excerpt reprinted from 1995 North Branch Press Release
By Ed Gertler

One again the Corps of Engineers has consented tentatively to schedule four weekends of recreational water releases from Jennings Randolph Dam (AKA Bloomington Dam) on the North Branch of the Potomac River. The dates will be as follows:

April 15/16, 29/30
May 13/14, 27/28

Flow will be about 1,000 cfs. We expect to have at least seven hours of water each day from 9:00am to 4:00pm. But, if we have a dry spring, either flow volume or duration of discharge could be cut back. For that reason, paddlers are advised to confirm the releases a day or two beforehand by calling the Corps. of Engineers Baltimore District Hotline 410-962-7687 or U.S. Weather Bureau River Forecast Center 703-260-0305, or Canoe Cruisers Association Hotline 301-656-2586.

Also, be aware that in the event of unusually wet weather, which might force the Corps to release more than 1,000 cfs, the Corps would officially state that the release is "canceled". This does NOT mean that the dam is shut off, it just means that because more than 1,000 cfs is being released, which the Corps believes is a dangerous level, the Corps is just disavowing themselves of liability for anyone getting in trouble on the river.

**Deadline for next
newsletter:**

April 15, 1995

An Esopus River Update (cont.)

(Continued from page 1)

us into the equation, but as an interest group.

4) The Esopus is "one of Ulster County's most popular fishery resources, attracting about 20,000-25,000 angler trips each year." (R. Bendick, 1994) Can we pull together some numbers that demonstrate that, as a group, white water boaters significantly contribute to the local economy?

5) There has been concern from Fish and Wildlife staff, originating from a growing body of anecdotal evidence, over the "higher than expected water temperatures and lower than expected survival of hatchery brown trout" (R. Bendick, 1994), that the whitewater releases are unnecessarily drawing down the amount of cold water available in the Schoharie. They are pursuing this issue, and there'll be some studies done to determine the validity of this.

6) Fish and Wildlife has proposed a set of "Draft Protocols" that will measure the amount of cold water available in the Schoharie and 'bank' it against warm dry summers when additional cold water will be needed to keep the fish alive.

Our interests are well represented by Phyllis Horowitz-McLane and Peter Skinner. They are making sure that the 'bank' is realistic, and we are not cut out unnecessarily. At this point, the DEC has given us four dates: June 3-4, July 8-9, Sept. 16-17 and Sept. 30/Oct 1. These dates are approved, not guaranteed and they represent our willingness to work with the

fisheries people. We have agreed that the August release can be moved to September.

From here, we need to make sure the state looks at the problem properly. There are a number of other environmental factors impacting the fish besides the water temperature. Groundwater pollution from stream side development, loss of riverbank forests and naturalized buffer zones are three other factors contributing to the loss of state property. From my point of view, this concentration on water temperature alone, by far the easiest "fix", indicates the real complexity of the problem. I feel that if we want to have this resource available for whitewater use in the long term, we may eventually have to remind the DEC of this.

For now though, we're on track for this summer. We should all thank Phyllis and Ken for their good work!!!

**** Shorts:*

Mongaup Release dates and cleanup set. Entering our third summer of Mongaup releases, we will see some changes this year. For the first time the schedule is officially released in it's entirety. As you may remember Ken's valiant efforts to avoid conflicts with other releases came to an abrupt halt when the AMC complained to FERC, and FERC came down on O&R like a breaking ice dam. Will this decision see increased traffic on the river? We'll find out.

The good news is that, the release procedures, especially those that help insure against the error of no

release, will continue in their enhanced state, and that we will see the additional 100 cfs from the

Fisheries releases all summer. Thank you Ken!!

Please note that May 13 is cleanup day!!! Matthew Giltner will be spearheading the effort, please help out.

State declines Hydro Quebec contract:

Partly through the advocacy of white water groups, New York State has declined to sign a long term contract with Hydro Quebec for power generated by Hudson Bay rivers. Without the income guarantee this contract provided, Hydro Quebec is unable to float the construction bonds it needs to expand it's operations. A victory. Don't count Hydro Quebec out though, since they first stole the land from the Cree in the early seventies, they have often managed to overcome the obstacles in their journey to quick bucks.

Mongaup wave study stalled:

In an effort to upgrade Mongaup River releases to two barrels, a level commonly occurring during power releases, FERC has O&R to conduct safety tests. These tests have been stalled by the refusal of the National Park Service to issue a permit for the Delaware. Currently FERC and the NPS are negotiating... and as we know, when Washington talks to itself... If nothing is forthcoming by spring, it will be time to take further action.

Business Card Section

Daniel Lenox - *Computer Consulting Services*

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233 Prospect Point Road
Lake Hopatcong, NJ 07849
(201) 663-1364

Software that makes sense . . .

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FAX: (201) 575-4590

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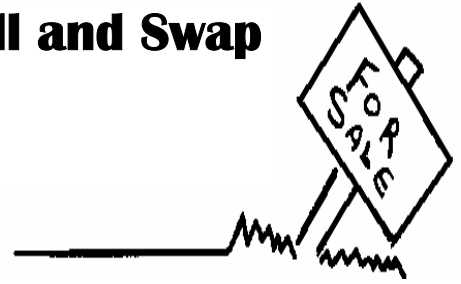
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President

If you would like to have your business card in the newsletter, contact Bill Holt at 201-447-5661 for pricing!

Buy, Sell and Swap



FOR SALE

Dagger Freefall kayak used one season, like new \$500.

Call Steve Pietrucha at
201-729-3211

FOR SALE

New Wave Vampire squirt boat, built in 1993 with significant improvements done to new boat, too many to mention (not done as repairs). Will handle paddlers up to about 190 lbs. Black with red seam stripe and grab loops. First \$550 takes it!

Call Dana Castro at 203-740-8633

WANTED old

Tax-deductible donations of

kayaks needed. The Rutgers-Newark athletics and aquatics program desperately needs donated equipment to get it's newly formed kayaking program off the ground. A tax-deductible receipt will be issued by the university for each boat donated. Kayaks do not have to be river-worthy, but either fixable or usable for pool sessions.

Call Mark Gluck @ 201-648-1080 ext 3221 or email
gluck@pavlov.rutgers.edu

WANTED planning on

Used drysuit. Are you

upgrading to one of those fancy but expensive Gortex suits? Have an extra older one that you want to sell? I'm looking for a good, but inexpensive drysuit for male 5'9" size 34 waist

Call Mark Gluck @ 201-648-1080 ext 3221 or email

FOR SALE

Dagger Response, never been used \$475 takes it!

Call Marc Silverman at
212-318-6025

How to fly boats cheap!

By Russell Bailey,

Reprinted from Western Carolina Paddlers

A good way to get reduced-rate air fares and fly boats cheap (free!!) is to join the USCKT and US-Amateur. For a total of \$115 (\$25 USCKT/ \$90 US-Amateur) you get the following benefits:

Continental Airlines

- ◆ 50% off coach or first class
- ◆ 7 % off lowest promotional fares
- ◆ kayaks fly FREE with sports equipment boarding passes

Delta

- ◆ 5 % off lowest promotional fares
- ◆ 10% off coach

Alamo Car Rental

- ◆ from \$20 for economy to \$26 for full size

AT&T

- ◆ 50% discount on pay phones

Hotels

- ◆ up to 50% off at more than 3000 participating partners worldwide

For more details:

USCKT
Pan American Plaza
Suite 610
201 South Capitol Ave.
Indianapolis, IN 46225
317-237-5690

US-Amateur
275 East Ave.
East Norwalk, CT 06855

Normally, US-Amateur costs \$115 by itself. Apparently USCKT has arranged a deal so that the \$25 USCKT is deducted.

I have not used this service. If someone does I'd be interested to hear their impressions of it.

Cancelled LVCC Race Impacts Spring Tohickon Release

This Spring, will again not see a scheduled release on the Tohickon. According to Alfred Miller, President of the Lehigh Valley Canoe Club, LVCC has canceled their annual spring race. As a result, there will not be a release on the Tohickon as arranged by LVCC. There is rumor that Charlie Walbridge and PCC are attempting to salvage a release, but at the date of this article, there is no definite news.

It would be best to check with whatever sources you may find, as to boating the Tohickon this Spring.

Cold Brook Add

By Ed Alexander

. . . As we prepare for another eventful year of white water and conservation activities. As we enter upon the New Year and the promises of 1995, let us project upon KCCNY's plans, aims and purposes.

Our January executive committee and planning meeting was well attended and very productively conducted by chairman Vance Condie. It was most gratifying to welcome newly elected members to this council and find their enthusiastic participation most encouraging and purposeful.

Many recommendations and thoughts were brought to the floor and subsequently deliberately discussed, evaluated and acted

upon. Chairman Condie is to be congratulated on his well organized agenda and the subsequent order of maintenance of rules of order. I am certain that I speak for every one in attendance when I say, that we may look forward to an exciting, well planned and productive year of KCCNY activities.

Let us follow our new leadership by supporting their plans and offerings with each individual's participation and look upon a new horizon on the KCCNY firmament with action filled ideas and accomplishments.

New faces, new ideas and concepts may certainly replace some, perhaps, outdated or irrelevant

modes which can now be modified and offered for new challenges in our ever evolving sport and recreation.

When the founders or our great club, yes 36 years ago, inferred the idea of limiting responsibilities of individual officers or chairmanships to first one and then extending it to two years, it was with the idea in mind that new faces will provide changes in outlook, plans, conducts and, in general, positive progression of an ever youthful organization.

Politically correct or not: Should we have "term limits" of use the old adage: "If it ain't broke - don't fix it"?

Calendar of Events

March 4-5	Paddlesports, Princeton NJ
March 15	KCCNY Executive Committee meeting
May 13	Mongaup River Cleanup
May 17	KCCNY Executive Committee meeting
May 20/21	Beginner instructional weekend
June 3/4	Annual Esopus Race
June 3/4	Annual KCCNY Auction
June 17/18	Beginner instruction
July 1	AWA Kennebec Festival
July 8/9	Esopus Safety Clinic
August 5-6	AWA Deerfield Riverfest
Sept. 23/29	AWA Gauley Festival
Nov. 18	Annual Dinner

Note: check cruising calendar for the contact for these special events

1995 Cruising Calendar

Even if a trip is not listed as instructional, it can be! Keep your eyes open. Is there some one who looks good paddling, do their moves look easy and smooth? Watch them and see why, and by all means ASK for some tips. This can be a great opportunity to not only get some "inside information" but also a way to make some friends. You will find that most people are very willing to help or give assistance...

Thanks to all those that have already signed up to coordinate a trip! We still need many more trips to make it a great 1995 Cruising Calendar. If you can coordinate a trip or other activity (ie: Party, Play Spots, Deerfield, West...), please give Alan Tindle a call at 1-212-228-6249

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
3/4 - 3/5	ALL		Paddle Sport Ramada Inn/Princeton, NJ	(908) 458-5777 Walt Durrua
3/4 - 3/5	I-A	III	Shepaug River	(203) 743-5869 Geoff Bertkau
3/4 - 3/5	A	IV	To be decided	(908) 369-5482 Michael Stano
3/5	A	IV	To be decided	(914) 426-2961 Gidon Schwarcz
3/15	ALL		Executive Committee meeting	(212) 678-0863 Vance & Jackie Condie
3/18 - 3/19	I-A	III-IV	West River	(908) 688-1704 Gordon Trinkler
3/19	A	IV	To be decided	(914) 426-2961 Gidon Schwarcz
3/25 - 3/26	I N-I	II-III II	Schoharie Creek Beaverkill Creek	(908) 876-2454 Chris Nielson
3/25 or 3/26	I	III	Nescopeck Creek	(201) 226-4582 Ed Hanrahan & Ann Cali
4/1	I-A	III-IV	Brodhead Creek	(908) 462-8743 George Grant
4/1 - 4/2	I	II	Delaware River	(201) 644-4546 Will & Lisa McKaughan
4/1 - 4/2	A	IV	Tallulah Gorge, GA	????
4/1 or 4/2	A	IV	Pocono area	(201) 666-0550 Skip Wilson & Penny Giles
4/7 - 4/9	I-A	III-IV	Swift & E. Branch Pemigwasset, NH	(203) 438-0841 Doug Haley
4/8	N-I	II-III	Housatonic River Covered Bridge section	(914) 896-0373 Paul Epstein
4/8 - 4/9	A	IV	Housatonic River Bulls Bridge section	(203) 740-8633 Dana & Paige Castro
4/8 - 4/9	A	IV	Tallulah Gorge	(803) 878-3569 Risa Shimoda Callaway
4/8 - 4/16	I-A	IV-V	Southern steep creeking (ending up on Big Sandy and Upper Yough)	(717) 629-5533 Ken Sanders

1995 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
4/9	N	II	Lackawaxan Creek	(201) 933-6273 Steve Boykewich
4/15	N-I	II-III	Mongaup River	(718) 798-5442 Andrew Laiosa
4/15 - 4/16	N-I	I-II	Catawissa Creek over-night camping	(908) 876-3454 Chris Nielson
4/15 - 4/16	N-I	II-III	Lehigh River	(609) 448-0205 Walter Hausherr
4/15 - 4/16	A	IV	Shohola Creek	(908) 852-0452 Chuck Jacobs
4/15 - 4/16	A	IV	Fish Creek	(315) 858-0504 Monte Smith
4/22 - 4/23	N-I	II	Delaware River	(717) 828-9787 Joe Saia
4/22 - 4/23	I-A	III+	Catskill Creek	(212) 781-7080 Bill Thomas
4/22 - 4/23	A	IV	Cheat/Tygart	(203) 740-8633 Dana & Paige Castro
4/29 - 4/30	N-I	II-III	Lehigh River	(201) 833-9537 Nancy Shiber
4/29 - 4/30	I-A	III-IV	West River	????
4/30	N-I	II-III	Mongaup River	????
5/6 - 5/7	N-I	II-III	Deerfield River Zoar Gap section	(914) 565-1977 Jeanne Murtagh
5/6 - 5/7	I-A	III-IV	Cheat River first timers trip	(717) 629-5533 Ken Sanders
5/7	N	II	Delaware River	(914) 248-7614 Richard Albert
5/13	ALL		Mongaup River Cleanup	(908) 534-1465 Mathew & Pam Giltner
5/13 - 5/14	I-A	III-IV	Hudson River Gorge	(908) 707-9532 Bruce Farrenkopf
5/17	ALL		Executive Committee meeting	(201) 226-4582 Ed Hanrahan & Ann Cali
5/20 or 5/21	N	II	Delaware River	(908) 561-3536 Bill Espinosa
5/20 - 5/21	B-N		Beginner instructional weekend	(908)-321-1354 Marian Greenfield
5/20 - 5/21	N-A		Coordinators choice	(212)-678-0863 Vance & Jackie Condie
Memorial day weekend				
5/27 - 5/28	ALL		Scudders play day	(609) 585-1264 Gerhard Mueller
5/27 - 5/29	I-A	IV	West Virginia	(914) 986-1414 Tom Gustainis

1995 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
5/26 - 5/29	A	IV	Quebec	(212) 781-7080 Bill Thomas
5/28	N-I	II-III	Mongaup River	????
6/3 - 6/4	N-I	II-III	Annual Esopus Race	(201) 402-6579 Mark Rosen
6/3 - 6/4	ALL		Annual KCCNY Auction	(201) 663-1364 Daniel Lenox
6/10	N-I	II-III	Mongaup River	????
6/10	N-I	II	Farmington River Tariffville section	(914) 634-7136 Jorge Cartamil
6/10 - 6/11	A	IV	Upper Yough	(717) 629-5533 Ken Sanders
6/10 - 6/11	N-I	II	Lehigh River	(914) 271-5687 Heath Bingham
6/17	I-A	III-IV	Deerfield River Monroe Bridge section	????
6/18	ALL		Mongaup Wave playday & Beginner Day-bring your extra boats please	(201) 697-9395 Brian Meserlian
6/17-618	B-N		Beginner instruction Sebago Lake & Delaware River	(914) 424-3160 Pierre DeRham Marian Greenfield
6/19 - 7/14	A	IV-V	Idaho and Colorado More definite locations as Spring approaches	(212) 678-0863 ance & Jackie Condie
6/24 - 6/25	N-I	II-III	Lower Sacandaga	(914) 896-0373 Paul Epstein
6/24 - 6/25	I-A	III-IV	Deerfield River Monroe Bridge section	????
6/24 or 25	I	II-III	Lehigh River	(201) 447-5661 Bill Holt
6/25	N-I	II-III	Mongaup River	????
7/1	ALL		AWA Kennebec Festival	????
7/1 - 7/4	I-A	III-IV	Black and Ottawa Rivers	(717) 629-5533 Ken Sanders
7/8	N-I	II-III	Mongaup River	(914) 472-5882 Rell & Bill Hladsky
7/8 - 7/9	N-I	II-III	Esopus	????
7/8 - 7/9	ALL		Esopus Safety Clinic	????

1995 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
7/8 - 7/9	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 228-6249 Alan Tindell
7/15 - 7/16	N-I	II	Delaware River	(201) 653-7739 Nancy Green
7/15 - 7/16	I-A	III-IV	Deerfield River Monroe Bridge section	(201) 471-3129 Joan Most
7/21	A	IV	Upper Yough raft & kayak	(717) 629-5533 Ken Sanders
7/22	I-A	III-IV	Deerfield River Monroe Bridge section	????
7/23	N-I	II-III	Mongaup River	????
7/29 - 7/30	N-I	II-III	Scudders Falls or Mongaup wave Advanced strokes for the intermediate paddler	(201) 226-4582 Ed Hanrahan & Ann Cali
7/30	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 781-7080 Bill Thomas
8/5	N-I	II-III	Mongaup River	????
8/5	ALL		AWA Deerfield Festival Charlamont, MA	
8/5 - 8/6	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 334-0824 Jon Gelman
8/11 - 8/12	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 678-0863 Vance & Jackie Condie
8/17 - 8/21	I-A	III-IV	Ottawa River	(215) 847-8530 Pat Samodio & Michele Anastasi
8/19 - 8/20	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 228-6249 Alan Tindell
8/19 - 8/20	N-I	II-III	Deerfield River Zoar Gap Section	(914) 565-1977 Jeanne Murtagh
8/20	N-I	II-III	Mongaup River	????
8/26 - 8/27	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 781-7080 Bill Thomas
9/1 - 9/4	I-A	III-IV	Kennebec/Penobscot	????

1995 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
9/2	N-I	II-III	Mongaup River	????
9/3	I-A	III-IV	Deerfield River Monroe Bridge section	????
9/8 - 9/11			Gauley River	????
9/9 - 9/10	I-A	III-IV	Hudson River Gorge	(914) 896-0373 Paul Epstein
9/9 - 9/11	A	III-IV	Gauley River raft/kayak overnight trip-includes camping, food shuttle service	(717) 629-5533 Ken Sanders
9/15 - 9/18	A	IV	Gauley River	(201) 444-7548 Joe Hanerfeld
9/16 - 9/17	N-I	II-III	Esopus	(718) 798-5442 Andrew Laiosa
9/16	N-I	II-III	Lehigh River	(516) 483-1355 Dennis McComb
9/16 - 9/17	I-A	III-IV	Deerfield River Monroe Bridge section	(201) 663-5227 Nancy Sklavos
9/17	N-I	II-III	Mongaup River	????
9/23	ALL		Gauley Festival	
9/29 - 10/2			Gauley River	????
9/29	I-A	III-IV	Deerfield River Monroe Bridge section	????
9/30 - 10/1	I-A	III-IV	Deerfield River Monroe Bridge section	(212) 861-1556 Marc Silverman
9/30	N-I	II-III	Mongaup River	????
9/30 - 10/1	N-I	II-III	Esopus	(718) 798-5442 Andrew Laiosa
10/7	N-I	II-III	Lehigh	(201) 807-1823 Brian Germain
10/7	I-A	III-IV	Deerfield River Monroe Bridge section	????
10/7 - 10/8	A	IV-V	Bottom Moose	(518) 674-5519 Pete Skinner
10/14 - 10/15	A	IV-V	Bottom Moose	(518) 674-5519 Pete Skinner
10/15	N-I	II-III	Mongaup River	????

1995 Cruising Calendar

DATE	SKILL	CLASS	RIVER / LOCATION	PHONE NUMBER / COORDINATOR
10/21	N-I	II-III	Lehigh River	(908) 273-6570 Dan Krupka
10/21 - 10/22A		III-IV	Pocono or Catskill area	(212) 334-0824 Jon Gellman
10/28	N-I	II-III	Mongaup River	????
11/11 - 11/19 A		IV-V	Costa Rica two simultaneous trips one week each, exact dates to be determined	(717) 629-5533 Ken Sanders
11/18	ALL		Annual Dinner	????

*** OTHER TRIPS, BUT NO SPECIFIC DATE YET***

Other persons to try on snowy days are:

Dan Lenox (201) 663-1364
 Vance Condie (212) 678-0863
 Bill Thomas (212) 781-1080
 Jon Gellman (212) 334-0824
 Alan Tindell (212) 228-6249

- Gidon Schwarcz (914) 426-2961 paddles throughout the winter almost every Sunday. If you would like to join him, call by Thursday night or one and one-half hour after dark on Saturday in observance of Jewish religious practices.

- Alan Tindell (212) 228-6249 - Ocean Surfing (If you live near the ocean and see that there is a swell please call.)

- Dan Lenox (201) 663-1364 - Black River, NY (all summer)

OTHER NOTES

- Pete Sholander (404) 355-2289 - Pete lives down in Atlanta, Georgia. If you're in the area he may be able to boat with you or perhaps hook you up with some other boaters!

- Laura Helfman (704) 452-7798 has moved to North Carolina and is working Summers at NOC. If you're in the area she may be able to boat with you or perhaps hook you up with some other boaters!

A Cheat Romance

By Gidon Schwarcz

There we were at the New, smack dab in the torrential rainfall of mid-August 1994. Rain was thundering on the roof of Bob Maurizi's van all night. Having found the previous' day's one-foot run just perfect for a mid-summer vacation, we were not exactly thrilled at the prospect of tackling the New at 11 feet-and-rising. So we drove North, canvassing the rivers for something sane to run. Perhaps the lower Gauley... only 24,000 cfs (that's THOUSAND, mind you, not hundred). The Meadow was swollen and horrendous. Perhaps we could outrace the storm and catch something up north at a reasonable level.

A few hours later we arrived at Jim E. Snyder's house in Albright. Jimmy was wild eyed at the weather reports and gauge readings. He told us that the Big Sandy was 8 1/2 feet and rising fast, but we could see through his back window that the Cheat was still placid and blue. No time to make a shuttle. Just a quick call to Glenn Miller, and off we went.

We put in on gentle, tepid turquoise water. Just upstream we could see surging dirty brown flood water bearing down on us. This upstream tidal wave hit us just as we reached Muddy Creek, where additional torrents of water careened in on our right. Big water phenomena followed, with the Cheat immediately turning into boiling, swirling, chocolate brown fun. The level had abruptly gone from zero to 5 feet in seconds--and was still rising. We were in heaven!

We began surfing an endless number of holes and waves, and probably would have never made it off the river had not the

fear of more flooding and the fact that our ride would probably not wait made us mindful of the clock. Just at this time the rain stopped, and the canyon walls glistened through hazy sunlight filtered through occasional wisps of fog. A lone hawk circled above. Not one soul beside us was on the river.

Bob had only done the Cheat once before, at low water. He was terrified of Big Nasty's reputation. I just offered him my famous line "It's better not to scout... you'll just be too scared if you see what it looks like", and we ran perfect lines, just pausing to see the "mother of all holes" as we skirted its edge. Pinball was all washed out and unrecognizable. High Falls was a breeze with all the extra water opening up the middle line.

I told Bob that 20 years ago we used to call High Falls "Colliseum" and vice versa. Think about it. The natural cliff on river-left that looms over High Falls sure looks like a colliseum, and the river-right waterfall that careens down from the cliffs at Colliseum sure looks like a "high falls". Bob agreed. Does anybody know? Did the names somehow get mixed up over the years, perhaps due to post-paddling brains that were too high in ethanol, too low in oxygen, or both?

Jim had warned us about Colliseum in high water. And high it was! Even the falls marking the entrance to the Particle Accelerator had swollen to river-sized proportions. I didn't even think of running the Particle Accelerator. But much to my astonishment, Bob seemed obsessed with picking a line. After one hour of my trying to tell him that the river-left route was choked with strainers and the entire right was a terminal hole,

leaving only a narrow, swirling fume to avoid sure death, Bob handed me his camera and ran upstream to his boat. As I tried to set up my throw rope, focus Bob's camera, and compose a gentle way to break what I figured would be the bad news to Bob's wife, I heard a shout and looked up. There was Bob, already in the rapid, wild-eyed with fear, totally out of control but mercifully somehow on course. He made it! But he later admitted that it was much, much more difficult than he had thought. "I know", I answered, "That's why I didn't run it". Later that night, when we got back to Albright, Jim Snyder's comments began something like "You did WHAT??!! But NOBODY runs the Particle Accelerator at this level!!"

The rest of the trip was great fun albeit uneventful. Pete Morgan's in flood is a terrific ride, and then hours to squirt and surf. We never even figured out the level, since the river kept rising and all the side creeks were pouring. At 5:45 PM we pulled up to Jenkinsville, hungry, tired, cold and elated. Like a heavenly apparition, a pickup truck backed down the mud path out of dense fog, and an ample, kindly lady introduced herself as Glenn Miller's wife. Not only did she have a warm cab for us to sit in, but she loaded our boats for us in spite of our half-hearted protests.

Then came the ultimate. She gave us a cooler full of cold beer. Bob and I kept pinching ourselves to be sure we weren't dreaming. With minds doubly pickled, both with beer and with the natural intoxication of the river, we laid back on the seat as the pickup began the long climb out of the canyon. Farewell, West Virginia, until next year.

Welcome New Members

KELLY AHERNE
34 W 65 St., Apt 3G
New York, NY 10023
212-595-7094 (H)
212-678-2854 (W)

KEVIN CAMPBELL
27 W. 1st St.
Bayonne, NY 07002
201-823-2091 (H)
201-284-2355 (W)

JOHN DALZELL
21 Normandy Pkwy.
Convent Station, NJ 07961

DAVID LARKIN

123 Prince St., #5
New York, NY 10012
212-353-1603 (H)
212-594-0880 (W)

ROY LESTER
124 Coolidge Ave.
Long Beach, NY 11561
516-897-1877 (H)
516-294-1770 (W)

TOM LUCAS
31 Cobblestone Lane
Ramsey, NJ 07446
201-825-0546 (H)
201-825-3010 (W)

JOHN MacKAY Jr.
945 Rt. 517, Rd #3

Hackettstown, NJ 07840
908-813-3387 (H)
201-924-7079 (W)

BRETT STANLEY
PO Box 691
Oldwick, NJ 08858
908-439-9794 (H)

CHRIS WITT
2 Braidburn Way
Convent Station, NJ 07960
201-267-6499 (H)
201-586-5539 (W)

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Gordon Trinkler 908-688-1704

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Union, New Jersey 07083

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Change of Address

PAUL EPSTEIN

7-2 Loudon Dr.

Fishkill, NY 12524

914-896-0373 (H)

914-831-1710 (W)

You just gotta laugh

Reprinted from 'Daily Record', January 29, 1995

Gary, the kayak paddler of the Iceland Olympic Team, was training in the Arctic. His feet became so cold that to warm them he built a fire in the bow of the boat. The kayak burned and sank. Gary now knows that you can't have your kayak and heat it

Invitation for a Siberian Adventure

Next summer we are planning to run the Shavla River located in Siberia. This river was rafted few times by Russian groups of boaters, but never before by westerners. We are planning to have a group of six or seven kayakers, few Russian catamarans and a gear boat. We would like to invite experienced paddlers to join us for this exploratory trip. Here is some more info about this trip:

Shavla River Expedition (contact Lyosha through e-mail mgoddard@igc.apc.org or call 415/331-1922)

Date of the trip: July 10 - arrive in Novosibirsk

Cost : \$1490 per person (cost does not include international airfare)

Group limit: 8 persons

This trip for experienced rafters and kayakers only.

Day 1 - Arrive in Novosibirsk by Lufthanza, few hours layover. Fly to Kosh-Agach by small jet. Visit local villages, local people. Truck ride to the upper plateau. Hike to the base camp on the put-in.

Day 2 - Lay over day, relax in the camp after long travel, hike around, introduction meeting around campfire with Russian participants.

Day 3 - Hike up to the beautiful Shavla Lakes. About 12km good trail, around 5 hours hike.

Day 4 - Hike to the upper lake and glacier.

Day 5 - Go back to the base camp on the river put-in. Prepare for rafting.

Day 6/10 - Rafting on the Shavla river, class 4-5 rapids, fast moving water

Day 11 - lots of small and big rapids., nice camp sites.

Day 12 - Run the Argut river, most powerful rapid "Atlanty" class 5. Visit famous whitewater museum on the confluence of Argut and Katun.

Day 13/16 - Rafting on the Katun River - classic river trip, Siberian "Grand Canyon", many fun rapids class 3-4 with big roller coasters, beautiful sandy beaches.

Day 17 - Take out, bus ride to the Biisk city with few stops, to visit local museums of art and nature. Take overnight train from Biisk to Novosibirsk.

Day 18 - Explore the city of Novosibirsk, visit museums, opera and ballet theater, overnight in hotel Siberia

Day 19 - Fly home.

Campmor add

Ramsey outdoor add goes here

New Screening Guidelines... Prostate Cancer

Source: American Cancer Society

Recently, the American Cancer Society (ACS) adopted its first guidelines for early detection and follow-up of prostate cancer.

- Men over age 40 with no prostate symptoms should have an annual digital rectal exam to screen for prostate cancer.
- Men over age 50 should have an annual digital rectal exam *and* a prostate-specific antigen (PSA) test.

If either of the above exams is suspicious, further evaluation (transrectal ultrasound) should be considered. Prostate cancer is the second most common cancer in men (lung cancer is No. 1). This year, about 35,000 American men will die of this cancer.

Prostate-specific antigen (PSA) is a marker found in the blood that may indicate enlargement of the prostate gland, which may be a sign of cancer. PSA levels also may be useful in determining the *extent* of prostate disease, and in monitoring for possible prostate disease recurrence.

The Rio Futaleufu

By Tamara Robbins

The Futaleufu (foo-ta-lay-foo) river and town are located in Southern Chile. Futaleufu is part of Patagonia, in the X (Tenth) Region, Region de Los Lagos, Provincia de Palena. Before the construction of the Carretera Austral (Austral Highway) in 1985, the mountainous region of Futaleufu was accessible only from Argentina, thus many Chileans are only vaguely aware of the river and the extraordinary natural beauty of the area. Today, to reach Futaleufu from within Chile, one can travel either by ferry or plane from the town of Puerto Montt, which is 637 miles south of Santiago. As Futaleufu is located just 6 miles from the Argentine border, it is also possible to travel entirely by roads through Argentina.

The Rio Futaleufu, whose name means "mighty waters" in the native Mapuche tongue, originates in the Los Alerces National Park in Argentina. It curves west into Chile, where it flows with unparalleled clarity through deep canyons, whose many rapids and Caribbean-blue water are world famous. Some of the best remote fly-fishing in the world can be found on the Futaleufu's quieter sections.

Early in 1994 three Chilean power companies announced their desire to acquire water rights to the Futaleufu and build hydro-projects. The majority of the energy produced would be exported to Argentina. The proposed dams would flood the access road from Chile and force the community to be dependent on Argentina for goods and services. When this news reached Futaleufu, the local citizens immediately banded together and formed the CODDERFU (Committee for the Advancement and Defense of the Futaleufu and its Eco-system) to keep the Rio Futaleufu free-flowing through Chile. Ruben Torres, of Futaleufu, is working in Puerto Montt and Santiago to coordinate government, legal, media, and environmental forces elsewhere in Chile with the CODDERFU in Futaleufu.

FutaFund was created in the U.S. to facilitate and support the efforts of the CODDERFU. FutaFund's goal is to advise and support those working in Chile to preserve the Rio Futaleufu. This mainly entails fundraising in the U.S. to aid the campaign being waged in Chile. FutaFund also works closely with CODDERFU in terms of strategy planning and daily support. We aim to represent the CODDERFU in the United States, and to assist them in researching and promoting alternative energy resources and environmental consciousness.

By flooding the canyons and valleys of the Futaleufu, the proposed dams would destroy one of the world's greatest examples of nature's grace. With the beauty of its canyons, the clarity of its water, the magnificence of its many rapids, and the world class quality of its fly-fishing, the Futaleufu is an irreplaceable resource.

FutaFund's goal is to preserve the Rio Futaleufu in its present state. We welcome help in the form of money, promotions, advice, encouragement, and solidarity. Let's help the people of Futaleufu save their town and a precious resource for Chileans and other citizens of the world.

Please send any donations or correspondence to Tamara Robbins at the following address:

FUTAFUND
For Preservation of the Futaleufu River in Chile
P.O. Box 4536
Modesto, CA 95351
(209) 572-FUTA (3882)
FAX: (209) 522-5511
Email address 74744.2350@compuserve.com

Donations are deductible to the extent of the law.

Checks should be made payable to "El Bosque Pumalin," FutaFund's fiscal sponsor.

Proposed Release Dates for Various Rivers

Deerfield River release schedule: Monroe Bridge section

900-1100 cfs starts at 10:00

June 3-4,17,24-25

July 8-9,15-16,22,30

August 5-6,11-12,19-20,26-27

September 3,16-17,29-30

October 1,7

Deerfield River release schedule: Zoar Gap section

700 cfs minimum starts between 9:30 and 12:00

April 8-9,12-16,19-23,26-28

May 4-7,14,17,19-21,25-28

June 3-4,7-11,17-18,21-25

July 5-9,15-16,19-22,26-30

August 3-6,10-13,17-20,24-27,31

September 1-3,7-10,16-17,21-22,27-30

Releases for Monroe Bridge section on the dates of: 6/25, 7/22, 8/11, 8/20, 9/16, & 10/7 are tentative. Final schedule to be set by March.

Lehigh River release schedule (dates are tentative)

June 10-11,24-25

September 16

October 7,21

Mongaup River release schedule

All releases are from 10:00-2:00 except May 13 is 10:00-4:00

April 15,30

May 13,28

June 10,25

July 8,23

August 5,20

September 2,17,30

October 15,28

Dead River (proposed) release schedule

SAT May 6,13 7500 cfs

SUN May 28 5500 cfs

SAT June 10 1300 cfs

SAT June 17 1800 cfs

SUN June 18 5500 cfs

SUN June 25 2400 cfs

SAT July 1 1300 cfs

SUN July 2 1800 cfs

SAT July 15 1300 cfs

SUN July 16 2400 cfs

SAT July 29 1000 cfs

SAT August 12 1800 cfs

SUN August 13 2400 cfs

SAT September 2 1300 cfs

SUN September 3 5500 cfs

SAT September 16 1800 cfs

SUN October 8 4500-

6000 cfs

Please be aware that Central Maine Power Co. has provided a public parking area and takeout for Dead River boaters. It is adjacent to the Magic Falls Rafting Co. base camp in the West Forks.

The facility is located on old Route 201 at the base of Durgin Hill and will be operated with a parking fee. Use of this facility is encouraged, to alleviate conflicts with regular traffic or private property owners in the area.

We hope you enjoy these recreational opportunities in a safe manor. Proposed releases are subject to change without notice, due to current availability of water and anticipated weather/water conditions.

Wesley E. Hallowell
River Engineer

KCCNY Pool Sessions

Pool sessions are again to be held this year at the D'Angola Gymnasium at Kean College in Union NJ. They are scheduled for 10 consecutive Sunday mornings, January 22 thru March 26 from 9:00 - 11:00 AM, and are subject to lifeguard availability.

The Kean College pool is adjacent to the college's Woodland Avenue parking lot. It may be reached by taking Route #82 to Green Lane. Check your map for access to Route #82 and the Kean College Campus. Neither KCCNY or the college is responsible for articles brought to or left at the pool.

On entering the pool boaters will sign in and pay a \$5.00 per person user fee. Boats are limited to current KCCNY members, one boat per member, and they **MUST** be washed on the pool deck prior to placement in the pool on each occasion. If

Rutgers-Newark Open Pool Sessions

Rutgers-Newark is planning on beginning a kayaking program for students and members of the university and local community (broadly defined). We are anticipating having a monthly evening open pool session for local kayakers who want to practice rolls and skills, etc. But first we want to see if there is sufficient interest among the community to do this. If you think you would be interested contact:

Mark Gluck
gluck@pavlov.rutgers.edu
201-648-1080 ext 3221 (days)

Yonkers Pool Sessions

Andy Laiosa is conducting pool sessions at the YMCA in Yonkers, New York. They are every Wednesday evening from 8:00 - 10:00PM. Also provided are:

Informal Instruction
Boats and equipment (if needed)

You do not have to belong to any club, this is private pool sessions. This may be an ideal opportunity to practice skills you already have, or learn new ones, in a safe, comfortable environment with fellow boaters.

There are a limited number of spaces available. The cost is \$90 per person/6 week session. For further information contact:

Andrew Laiosa at 718-798-5442 (H)
718-231-9800 (W)

Kingston Pool Sessions

Nancy Donohue is starting pool sessions in Kingston, New York. This is in affiliation with the Boston chapter of the AMC. You do not have to belong to any club nor join one in order for you to take advantage of this.

They should be on Monday evenings.

Pool sessions are expected to begin mid January and continue thru April. Approximate pricing will be \$5 per person/session. For further information please contact:

Nancy Donohue at 914-687-7546

**KGCNY
Daniel Lenox
233 Prospect Point Rd.
Lake Hopatcong, NJ 07849**

An Open Invitation to all Computer Online Service Users

I am compiling a list of all people that utilize any of the following online computer services:

**America Online
CompuServe
Prodigy
Internet**

The use of these online services is a great medium for the rapid transfer of information and mail, and can be just the ticket for inter-club communication!

Please drop me a line as to what your mailing address is, and which online service you are using. I will make this list available to all who register free of charge. You may reach me by addressing your e-mail to: DLenox@aol.com